GOVERNMENT OF GUAM
**DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES**
*DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT*

**EDDIE BAZA CALVO**
GOVERNOR

**RAY TENORIO**
LIEUTENANT GOVERNOR

**JAMES W. GILLAN**
DIRECTOR

**LEO G. CASIL**
DEPUTY DIRECTOR

AUG 2 2 2017

Honorable Benjamin J.F. Cruz
Speaker, 34th Guam Legislature
Guam Congress Building
163 Chalan Santo Papa
Hagatna, Guam 96932

GL# 34-17-912
Speaker Benjamin J.F. Cruz

AUG 2 3 2017
Time: 9:30 [x] AM [ ] PM File No. 34-819
Received By

Dear Speaker Benjamin J.F. Cruz:

The Department of Public Health and Social Services (DPHSS), Division of Senior Citizens (DSC) coordinated and/or facilitated various events to celebrate Senior Citizens Month 2017 observed annually in May. This year's theme for the month long celebration was "Age Out Loud", translated into Chamorro, "Na Hongga I Asunton Umåmko". The month long celebration was made possible through the collaborative efforts of our partners made up of government, non-government, for-profit and non-profit entities who all stepped up to make this year's celebration the success that it was.

2017 AUG 23 AM 10:35

The expenses incurred by the Division of Senior Citizens for the 2017 celebration of Senior Citizens Month is as follows:

| Description of Activity | Funding Source | Cost |
|---|---|---|
| Hotel Venue for Guam Conference on Aging (500 pax): Purchase Order No. P176A00324 | Senior Citizens State Agency Account #5100A171730001230 | $15,000.00 |
| Name Badge Holder Kits (500 pcs.): Purchase Order No. P176A02785 | Senior Citizens State Agency Account #5100A171730001240 | $310.00 |
| Conference Bags (600 pcs.): Purchase Order No.P176A02662 | Senior Medicare Project (SMP) Account #5101H171730MA112230 | $2,910.00 |
| Hotel Venue for Centenarian Celebration (200 pax): Purchase Order No. P176A00219 | Adult Day Care Services Account #5100C151730GA011230 | $6,800.00 |
| | Total | $25,020.00 |

In addition to the fiscal aspect of the report as prescribed by Public Law 17-35, enclosed is the report on four events the DSC spearheaded along with its many partners. Should you have any questions regarding the report, please contact Senior Citizens Administrator Arthur U. San

Agustin, MHR at 735-7415/7421 or at arthur.sanagustin@dphss.guam.gov. We look forward to working with your office as we did this year in putting forth the annual Legislative Reception for our seniors next year.

**JAMES W. GILLAN**

Enclosure



Doc. No. 34GL-17-0912.

# SENIOR CITIZENS MONTH

## AGE OUT LOUD - MAY 2017
## NA' HONGGA I ASUNTON UMÅMKO'





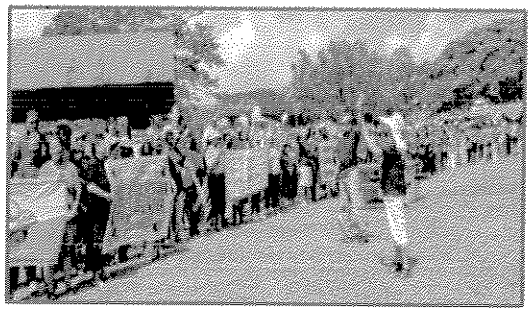


# 2017 Senior Citizens Month Huegon Manamko

## Event Highlights

This year's 2017 Huegon Manamko Carnivale was held on April 18, 2017, Tuesday, at Governor Joseph Flores Beach Park, commonly referred to as Ypao Beach with nearly 300 individuals in attendance from the 12 Senior Citizens Centers. The event was supported by the Recreational Leaders from the Mayors' Council of Guam, the staff of Catholic Social Service Case Management and Guma Serenidad programs, staff of the Division of Senior Citizens/DPHSS, and members of the Lion's Club to include Lion's members from Bank of Guam who were granted time off to help with Huegon Manamko. A Parade of Banners started the festivities as each Senior Citizens Center proudly displayed their customized banner as they paraded in front of the stage. Both anthems was proudly delivered by Mr. Joey Charfauros, after that, Mr. Arthur San Agustin, MHR, Senior Citizens Administrator provided opening remarks to welcome our seniors to the 2017 Huegon Manamko Carnivale. The memories of the senior games was captured by photographer Mr. Ed San Nicolas, pro-bono, whose great photography memorialized the moments of comradeship, goodwill and the fun loving moments of competition among seniors. Also, the event was energized through the dynamic music provided by DJ Ken San Agustin and his partner who kept all entertained with their selection of Cha-Cha and step music, this pair was a big hit with the Manamkos as the music motivated them to get up and dance.







## Spirit of Competition

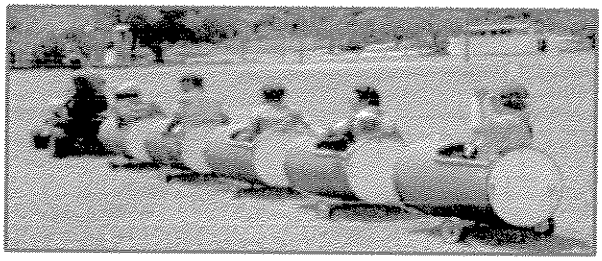
Not only did this event promote senior fitness, spirit of teamwork and comradery among our seniors, it also brought forth partnerships among planners to work together collaboratively to put forth Huegon Manamko; with the planning Committee Members of this event consisting of individuals from the private and public sectors.



Each sponsor designed their respective games, provided the rules of engagement for each game, and provided the game materials and prizes for the winners

for their perspective game. There was a total of 7 games. The games included the **Gathering Game**, this involves moving around building your social skills with seniors from different Senior Centers. This game also challenged our manamkos to network with other seniors into getting accepted, away from the comfort of their own Senior Center. There was also the **Over and Under Game** which tested the skills and coordination of our seniors as they were passing the ball over and under to their teammates which entailed speed, coordination and teamwork; a great cardio stimulating senior friendly game. Seniors were also able to stimulate brain muscles by playing the **Memory Game**, contestants were asked to name all the items they saw in 60 seconds. Both men and women showed their skills in the traditional **Talaya Throw**. **Ping Tac Toe** is a game of coordination, the right twist with the wrist aligning the balls in a row wins. The **Ring Toss** is a game of precision and actually a lot of luck to land the ring in a colored bottle a distance away. This next game is a messy game. Get those wipes ready for the **Egg Toss.** Your partner must catch the raw egg without breaking the shell to advance, as the distance between the partners become greater, the last couple catching the egg from a distance without breaking the shell wins. All in all seniors were able to test their fitness, socialization skills and show their spirit of teamwork.

Merizo Senior Citizens Center put their game face on and placed first over all. Winning this year's 2017 Huegon Manamko Carnivale overcoming the challenges from the 11 other Senior Centers. The 2016 and 2017 Overall winner came from the island's southernmost village, Merizo. Good Luck to all 12 Centers at next year's Huegon Manamko 2018.



**Appreciation**

The success of this year's 2017 Huegon Manamko Carnivale event is attributed to the great team effort by Division of Senior Citizens staff and to the following individuals, agencies, and organizations for their support and contributions:

- Lt. Governor Ray Tenorio for delivering his message on the importance and significance of having our Manamkos lead a healthy and active life;
- Senator Fernando Esteves for his help with the food line during lunch;
- Senator Dennis Rodriguez Jr. and his office staff for his continuous support and contribution to our Manamkos; his support and generosity extended to sponsoring the Over and Under game and prizes;
- Senator Frank Aguon Jr. for providing the "Tonky Train" ride for our Manamkos that took them on a relaxing ride around the beach park grounds;
- Sinajana Mayor Hoffman for his network of support that generously provided canopies, tables and chairs for the event;
- Mayors' Council of Guam (MGOC) for their donation of food;
- Senior Center Operations (SCO) for their continuous support and for sponsoring a game with prizes;
- Johnny T. Afaisen, Inarajan Recreational Leader for sponsoring the Talaya game with prizes;
- Guam Spirit Lions for their donation and on-site support;

- Guam Sunshine Lions for their donation and on-site support;
- Guam Behavioral Health and Wellness Center (GBHWC) for sponsoring a game booth with prizes;
- Guam Facilities Foundation, Inc. for sponsoring a game booth with prizes;
- SHIP, Medicare Volunteers and BCS staff for sponsoring a game booth with prizes;
- DSC Administrator Author San Agustin for delivering the Opening Remarks;
- Joey Charfauros for leading in the singing of the National Anthem and Guam Hymn;
- Department of Parks and Recreation for waiving the fees to use the park;
- Guam Fire Department (GFD) for the Assembly Permit and providing Stand-By Assistance at no charge; and
- Mrs. Herbie Perez Co-Chair and a Spirit Lions Club member along with Annabelle Dancel also a Lions member, who served as event co-emcees.

Through the generosity and support of the above individuals, agencies and community partners, the Division of Senior Citizens incurred no government expenses for this year's Huegon Manamko Carnivale 2017.

Submitted by:

**WILLIAM C. REYES**
2017 Huegon Manamko Event Chair

# 2017 Senior Citizens Month Proclamation Signing Event

On April 27, 2017, Acting Governor of Guam, Honorable Ray Tenorio, signed Proclamation 2017-034 at the Elk's Lodge in Agana Heights officially proclaiming the month of May 2017 as Senior Citizens Month (SCM). For over 30 years, the month-long observance is celebrated with activities recognizing and honoring *I Mañaina-ta*. The national theme for this year's SCM celebration "Age Out Loud – Na' Hongga I Asunton Umåmko" recognizes *I Mañaina-ta* as a great resource of skills, wisdom and experience upon which much of the island's progress has been built. The theme gives *I Mañaina-ta* a new voice – one that reflects what today's senior citizens have to say about aging. Further, *I Mañaina-ta* are productive, dedicated and dignified citizens who continue to make a positive impact on the lives of the people of Guam.

**Event Highlights**

The coordination of the Proclamation Signing event was led by the Division of Senior Citizens (DSC), DPHSS, in collaboration with the Office of the Governor, Mayor Paul McDonald, Municipality of Agana Heights, and the seniors from the Agana Heights Senior Citizens Center. Due to unforeseen circumstances, two (2) individuals confirmed on the program were unable to attend the event. Senior Citizens Administrator Arthur U. San Agustin, MHR, who served as the Master of Ceremony, was able to skillfully manage the changes.




Fr. Richard Kidd provided an opening prayer and blessed the food on behalf of Fr. Marvin Bearis. The President of Agana Heights Senior Center, Ms. Edna Arellano, delivered her welcoming remarks as planned to those present, and Mr. Angel Sablan, the Executive Director of the Mayor's Council of Guam, provided remarks on behalf of the Agana Heights Mayor who was unable to make the event.

The event was attended by approximately 125 individuals which included participants of the Agana Heights and Sinajana Senior Citizens Centers; members of the Senior Center Executive Council; Senators Frank Aguon, Louise Borja-Muna along with Ms. Rose Calvo of Senator Dennis Rodriguez's office; Mayors from the villages of Hagåtña, Dededo, Inarajan, Merizo, Mong Mong-Toto-Maite, Santa Rita, Tamuning, and Yigo; members of the Aging Network (Catholic Social Service, Health Services of the Pacific, Mayor's Council of Guam and Kloppenburg Enterprises, Inc.); members of the 2017 SCM Central Planning Committee (CPC); members of the GovGuam Association of Retired Persons; DPHSS Deputy Director; two (2) DPHSS Division Heads; and other DPHSS staff.

Sinajana Recreational Leader, Mr. Ken San Agustin, lead a light exercise workout prior to the event which energized the seniors. Recreational Leader San Agustin also provided DJ services for listening and dancing during lunch, and photographer Edward San Nicolas captured the successful event through beautiful photographs, which he posted after the event on Facebook. A highlight of this year's event was the showcasing of colorfully decorated "selfie board" frames each displaying the SCM theme "Age Out Loud". Those attending the event were pictured holding the adorned boards.



**Planning and Collaboration Efforts**

Planning of the event commenced in January 2017 and several meetings with the Agana Heights Mayor's Office, as well as calls and emails to the Office of the Governor and Lt. Governor were effective in communicating what was needed for the event. Updates in the planning of the event were reported at all CPC meetings to keep the committee informed.

The Communication Section within the Office of the Governor prepared and printed the invitations, programs and the Proclamation for the event. The Agana Heights Mayor's Office disseminated approximately 80% of the invitations to invited guests, while DSC distributed the remaining 20% of the invitations to the aging network and the CPC members. The Agana Heights Mayor's Office also decorated the Elk's Lodge the day before the event, as well as absorbed the cost for the venue, catered fiesta food, fresh orchid leis for several dignitaries and the celebratory cake. A day prior to the event Ms. Charlene San Nicolas of DSC emailed the media informing them of the event, however, none of the media groups were present.



**Event Expenditures**

As mentioned earlier, all costs associated with this event were absorbed by the Agana Heights Mayor's Office, which includes the procurement of the venue from the Elk's Lodge, catered food from Chode's Food Service, celebratory cake from Angel's Bake Shop, and orchid leis from Payless Supermarkets.

## Historical Information

For the past 12 years, to include this year's event, the proclamation signing for Senior Citizens' Month has taken place at one (1) of 12 Senior Citizens Centers. The village center designated to host the Proclamation Signing event is selected in the order it became a Senior Citizens Center (i.e., Sinajana was the first Senior Citizens Center on Guam, thus in 2006, Proclamation Signing was held at the Sinajana Center; in 2007, the Proclamation Signing was held at the Mangilao Senior Citizens Center, etc.), as illustrated below in Table 1. Senior Citizens Month Proclamation Signing Events. As the Governor is invited to proclaim Senior Citizens Month at the designated village center, the Senior Citizens Center participants graciously host the Governor and other invited dignitaries and guests.

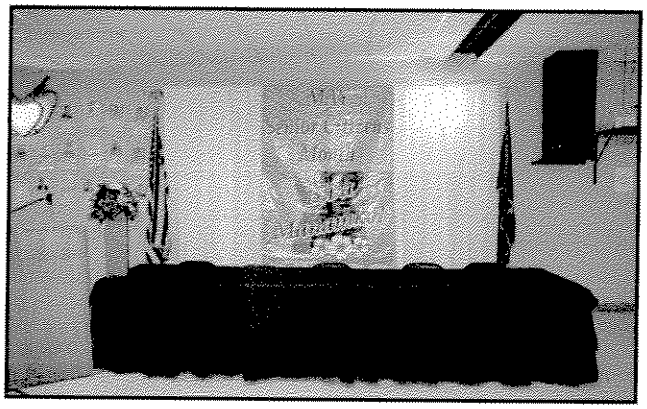





Table 1. Senior Citizens Month Proclamation Signing Events

| No. | Hosting Senior Citizens Center | Date |
|---|---|---|
| 1. | Sinajana Senior Citizens Center | April 20, 2006 |
| 2. | Mangilao Senior Citizens Center | April 19, 2007 |
| 3. | Yigo Senior Citizens Center | April 23, 2008 |
| 4. | Astumbo Senior Citizens Center | April 30, 2009 |
| 5. | Dededo Senior Citizens Center | April 27, 2010 |
| 6. | Tamuning Senior Citizens Center | April 27, 2011 |
| 7. | Yona/Talofofo Senior Citizens Center | April 24, 2012 |
| 8. | Inarajan Senior Citizens Center | April 26, 2013 |
| 9. | Agat Senior Citizens Center | April 28, 2014 |
| 10. | Santa Rita Senior Citizens Center | April 28, 2015 |
| 11. | Merizo Senior Citizens Center | April 28, 2016 |
| 12. | Agana Heights Senior Citizens Center at Elk's Lodge | April 27, 2017 |

## Appreciation

The successful production of this year's 2017 Senior Citizens Month Proclamation Signing event is attributed to the great team effort of Division of Senior Citizens staff and volunteers, and to the following individuals, agencies, and organizations for their support and contributions:

- Fr. Eric Forbes for providing the Chamorro translation of the 2017 Senior Citizens Month theme;

- Communication Section of the Office of the Governor for finalizing and printing the invitations, program and Proclamation;
- Ms. Rose Calvo from the Office of Senator Dennis G. Rodriguez for assisting on the day of the event;
- Agana Heights Mayor Paul McDonald for leading his staff., Ms. Genny Reyes and Ms. Angie Jaminila-Gumataotao, in delivering a simple and enjoyable event, and for securing the venue, catered fiesta food, and celebratory cake;
- Agana Heights Senior Center President Edna Arellano for providing brief welcoming remarks;
- Agana Heights Senior Center Participants for participating in the "Age Out Loud" project;
- Father Richard Kidd for delivering the opening prayer and for blessing the food;
- Guam Fire Department and the DPHSS, Bureau of Family Health & Nursing Services for providing emergency standby assistance;
- Sinajana Recreational Leader, Ken San Agustin, for providing "DJ" services;
- Edward San Nicolas for providing professional photography services;
- DSC's Cathy Bayona, Ms. Chaylene Aguon and Ms. Faye Kaible for creating the "selfie boards"; and
- Mr. Arthur San Agustin who served as the Master of Ceremony for the event.



ISLAND OF GUAM
OFFICE OF THE GOVERNOR
HAGÅTÑA, GUAM 96932
U.S.A.

Proclamation No. 2017-34

PROCLAIMING MAY 2017
*in Recognition of*
**SENIOR CITIZENS' MONTH**

**WHEREAS,** *our island community thrives because of the vision, planning and sacrifices of our elder individuals, who we lovingly call, "I maluina-ta." The wisdom and knowledge they share, and the interactions they have with family, friends and neighbors enrich our island to ensure a better life for us all.*

*I maluina-ta represents great resource of skills, wisdom, and experience upon which much of our island's progress has been built. Our elders are productive, dedicated and dignified citizens of Guam who continue to make a positive impact on the lives of our people. Just as our manåmko' have shown love and support for us, we must continue to show our support for them. We can do this by raising awareness of issues that our island's older individuals face, helping them to solve these problems and thrive in the communities of their choice for as long as possible. Our manåmko' are a precious resource to our island, and we will continue to serve them with the love and respect they deserve.*

*This year's Senior Citizens' Month theme, "Age Out Loud," gives I maluina-ta a new voice – one that reflects what today's senior citizens have to say about aging. More than ever, our older Guamanians are working longer, trying new things, and engaging in their communities. They're taking charge, striving for wellness, focusing on independence, and advocating for them and others. I maluina-ta continue to live their lives to the fullest, and they're insisting on changes that make that possible. What it means to age has changed, and Senior Citizens' Month is a perfect opportunity recognize and celebrate what getting older looks like today.*

**Now, therefore, I, Ray Tenorio,** *I Maga'låhen Guåhan Fuera Pago, Acting Governor of Guam, by virtue of the authority vested in me by the Organic Act of Guam, as amended, do hereby proclaim May 2017 in recognition of Senior Citizens' Month. I encourage everyone to support our manåmko and the programs that provide services that enhance the lives of the older individuals on our island.*

**IN WITNESS WHEREOF,** *I hereby set my hand and cause the Great Seal of Guam to be affixed in the Capital City of Hagåtña, on this Twenty-seventh day of April in the Year of Our Lord, Anno Domini, Two Thousand Seventeen.*

RAY TENORIO
*I Maga' låhen Guåhan Fuera Pago*
*Acting Governor of Guam*

Thank you to the aforementioned for their efforts, support and contribution to this year's 2017 Senior Citizens Month Proclamation Signing Event. ***Biba I Manaina-ta!***

**2017 Proclamation Signing Event Committee**

**Joleen Almandres**
Program Coordinator IV
BCS/DSC/DPHSS

**Cathy Bayona**
Program Coordinator III
BCS/DSC/DPHSS

**Albert Silos**
Program Coordinator III
BPAD/DSC/DPHSS

# 2017 Senior Citizens Month 6TH Annual Guam Conference on Aging

As part of the annual celebration of Senior Citizens Month (SCM), the Division of Senior Citizens (DSC), Department of Public Health and Social Services (DPHSS) with support from the Guam Medicare Assistance Program (Guam MAP) and Guam Senior Medicare Patrol (SMP) Project along with the 2017 SCM Central Planning Committee hosted the 6th Annual Guam Conference on Aging (GCOA). The conference was held on Thursday, May 11, 2017 at the Pacific Star Resort & Spa with approximately 402 senior citizens in attendance. Each participant received a complimentary conference bag and walked away with valuable information from guest presenters and from a host of exhibitors from both the private and public sectors. The conference was chaired by DSC staff, Jocelynn DR Cruz, and co-chaired by DSC staff Evelyn O. Cruz. The Co-Mistresses for the conference were Ms. Herbie Perez and Ms. Juanita Camacho.

## Pre-Conference Activities

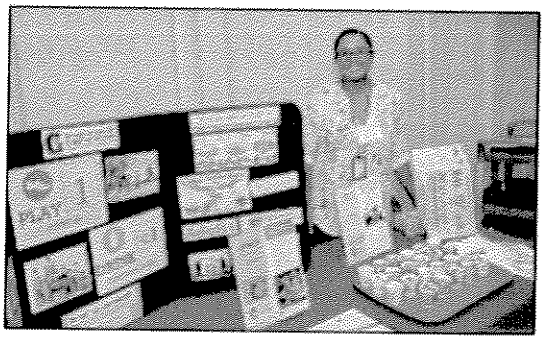
Pre-conference activities included participant check-in, a Zumba morning energizer led by Mr. Ken San Agustin, Recreational Leader for the Sinajana Senior Citizens Center, a presentation on "Netiquette: Do's and Don'ts" by Mr. Kenneth Perez, MBA, followed by a line step dance demonstration by Ms. Chris Castro and Mr. Peter Sablan. The *Netiquette* presentation by Mr. Kenneth Perez provided seniors with some basic rules for behaving properly online, specifically when sending email and chatting. As more seniors are using social media as a means to stay connected with family and friends, Mr. Perez' presentation provided useful tips to the participants on the do's and don'ts of communicating online.

## Conference Activities



The conference commenced with the singing of the National Anthem and Guam Hymn led by Mrs. Susie Arceo, a Sinajana Senior Center participant. Mr. Arthur U. San Agustin, MHR, Senior Citizens Administrator for the DSC, provided opening remarks, which touched on the meaning of this year's theme - "Age Out Loud" or "Na' Hongga I Asunton Umåmko". As with prior conferences, this year's Senior Citizens Month theme is from the national 2017 Older Americans Month theme as issued by the Administration for Community Living (ACL) to resonate and raise awareness within the community about how seniors of today are redefining what aging means by trying new things, staying engaged in their communities, focusing on independence, and advocating for themselves and others.

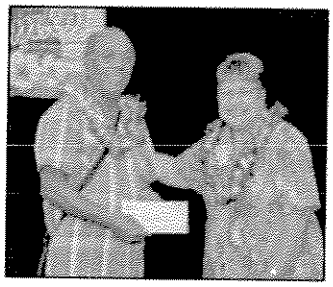
In line with the theme, "Age Out Loud", the conference topics focused on important trends like social media and issues such as how to remain healthy and active and how to protect yourself from identity theft. The Chamorro Ballroom was filled during the *Identity Theft* presentation



conducted by Ms. Bernie Alvarez, Consumer Advocate from the Office of the Attorney General, followed by brief remarks from Deputy Attorney General Fred Nishihira.
Dr. George Kallingal, Ph.D., ABMP & ABPS, addressed the participants on what it means to "Age Out Loud". He encouraged the GCOA participants to ban together and to talk loud about their rights, as aging does not decrease rights. He also encouraged them to share the resources within themselves, their values and experiences, as good values guide behavior and good behavior makes the world a better place. Lastly, he spoke about the importance of personal wellness: physical, mental, emotional, spiritual and social wellness and encouraged the conference participants to continue to explore new things, engage in activities that make them happy, and to try, as much as possible, to do things for themselves, as moderate levels of independence makes us strong.



Prior to lunch, special presentations were held to recognize the dedication, support and contributions of several individuals in giving their time and energy for the benefit of our island community. As a co-sponsor of the conference, the Guam Medicare Assistance Program (Guam MAP) and Guam Senior Medicare Patrol Project (SMP) Project recognized its volunteers at this year's GCOA bestowing appreciation to the dedicated group of individuals who have contributed their time to help provide Medicare information and assistance to the island's beneficiaries, their families and caregivers. Fresh orchid leis and a framed Certificate of Appreciation was presented to volunteers in attendance.



A presentation was also made by Ms. Juanita Camacho, on behalf of Kloppenburg Enterprises, Inc. (KE), to photographer Edward San Nicolas in recognition of his valuable support and contribution as a member of the Senior Citizens Month Central Planning Committee. For the past two years, Mr. San Nicolas has volunteered his time in capturing the memorable moments and smiles of our seniors during the month-long celebrated events, to include the Centenarian Recognition and Proclamation Signing events. Photos taken by Mr. San Nicolas can be viewed on Facebook, showcasing how our seniors of Guam "Age Out Loud". Mr. San Nicolas was presented with four (4) passes for the Valley of the Latte River Cruise Adventure, in Talofofo compliments of KEI.

During lunch, GCOA participants were treated to a special viewing of "Amot Para I Hinemlo'ta", presented by Ms. Zita Pangelinan, President, Haya Foundation along with Ms. Rose Mateo and Susan Aguon.

**Concurrent Activities**



Concurrent activities for the afternoon, included Dancing, Yoga, Physical Therapy, Canvas Art Painting, Bead Bracelet Art, and Exhibitors. The main ballroom was filled with participants "kicking up their feet" for a lively afternoon of dancing to music provided by Mr. Ken San Agustin. Mr. Melvin Brillantes, Group Fitness Manager with Paradise Fitness, demonstrated gentle yoga poses and techniques for seniors who opted to partake in a low impact activity. Additionally, Mr. Joshua Honculada, Physical Therapist, Health Services of the Pacific, conducted a session for participants wanting to learn sitting exercises and simple leg, neck, and arm movements to improve flexibility, balance, and build muscle strength. There were approximately 25 GCOA participants who engaged in a Canvas Art Painting session conducted by Color Guam, each participant painting their masterpiece version of a *Flame Tree and Sunset*. Additionally, 50 participants engaged in a Bead Art Activity provided by The Beadhive, which involved stringing colored beads to make their one-of-a-kind bracelet.

**Exhibitors**

Exhibitors for this year's conference included government, non-profit and private organizations who shared program and product information that benefited and engaged seniors to remain active in their communities and included:

Government of Guam Agencies:

1. Department of Public Health and Social Services, Division of Senior Citizens – Guam Senior Medicare Patrol Project; Guam Medicare Assistance Program; and Bureau of Adult Protective Services
2. Guam Homeland Security
3. Guam Housing and Urban Renewal Authority (GHURA)
4. Guam Statewide Independent Living Council
5. University of Guam Nutrition Program

Non-Profit Organizations:

1. Catholic Social Service – Case Management Services Program
2. Guam Association of Retired Person
3. Guam Diabetes Association
4. Guam Legal Services Corporation

Private Organizations:
1. Bank of Guam
2. Fisher & Associates
3. Guam Facilities Foundation, Inc.
4. Guam Regional Medical City
5. Haya Foundation
6. Health Services of the Pacific - National Family Caregiver Support Program
7. HELO (Panic Button)

**Expenditures**

| Description of Activity | Funding Source | Cost |
|---|---|---|
| Hotel Venue for Guam Conference on Aging (500 pax): Purchase Order No. P176A00324 | Senior Citizens State Agency Account #5100A171730001230 | $15,000.00 |
| Name Badge Holder Kits (500 pcs.): Purchase Order No. P176A02785 | Senior Citizens State Agency Account #5100A171730001240 | $310.00 |
| Conference Bags (600 pcs.): Purchase Order No. P176A02662 | Senior Medicare Project (SMP) Account #5101H171730MA112230 | $2,910.00 |
| | Total | $18,220.00 |

**Community Contributions**

The successful production of this year's GCOA is attributed to the great team effort by the DSC staff and following individuals, agencies, and organizations for their support and contributions:

- Bank of Guam
- Catholic Social Service
- Coast 360
- Deacon Tony Leon Guerrero
- DPHSS, Bureau of Family Health & Nursing Services
- Dr. George Kallingal Ph.D., ABMP & ABPS
- Guam Fire Department
- Håya Foundation: Ms. Zita Pangelinan, Ms. Rose Mateo & Ms. Susan Aguon
- Health Services of the Pacific
- Mayors' Council of Guam (MCOG) - Senior Center Operations
- Mr. Ed San Nicolas, Photographer
- Mr. Joshua Honculada, Physical Therapist, Health Services of the Pacific
- Mr. Ken San Agustin
- Mr. Kenneth "Ken" Perez, A+CompTia, MBA, SpEd Consultant
- Mr. Melvin Brillantes, Yoga Instructor-Paradise Fitness
- Mrs. Bernie Alvarez, Consumer Advocate, Office of the Attorney General
- Ms. Chris Castro & Mr. Pete Sablan
- Ms. Herbie Perez, Guam Spirit Lions Club
- Ms. Juanita Camacho, Kloppenburg Enterprise Inc.

- Ms. Rose Calvo, Staff, Office of Senator Dennis G. Rodriguez, Jr.
- National Family Caregiver Support Program
- Office of the Governor, Communication's Section
- The 2017 Senior Citizens Month Central Planning Committee Members
- TriStar Terminals Guam, Inc.

Thank you to the aforementioned for their efforts, support and contribution to the 6th Annual Guam Conference on Aging. ***Biba I Manaina-ta!***

Jocelynn DR Cruz
2017 GCOA Chairperson

Evelyn O. Cruz
2017 GCOA Co-Chairperson

# 2017 Senior Citizens Month Centenarian Celebration

For over 30 years, Senior Citizens Month (SCM) has been celebrated and observed on Guam during the month of May to honor and pay tribute to our island's Senior Citizens, our *Mañaina-ta*. This year's national theme, *"Age Out Loud – Na' Hongga I Asunton Umåmko"* recognizes the dedication and wisdom of our *Manamko*. Throughout the month of May the Division of Senior Citizens (DSC) in collaboration with government, non-profit and private sponsors coordinate events to showcase *I Mañaina-ta*. This year we honored our island's oldest *Mañaina-ta's* during the annual Centenarian Celebration held at the Pacific Star Resort and Spa Hotel in Tumon on Wednesday, May 17, 2017.

The celebration recognized our island's Centenarians who are or will be turning 100 years of age or older in 2017. This event was an opportunity to celebrate the life of our community's oldest senior citizens. Many who have witnessed the worst of Guam's history (WWII and the Japanese occupation on Guam; Super Typhoon Karen in 1962 with winds between 155-190 mph, Pamela in 1976 with winds of 140-160 mph, and Paka in 1997 with winds between 145-175 mph) as well as the best (U.S. Citizenship, tourism as a second industry besides the military, Pope John Paul's visit to Guam in 1981, sitting Presidents who visited Guam: Lyndon Johnson in 1967, Richard Nixon and wife in 1969, and Bill Clinton in 1998).

**Event Highlights**

This year's Centenarian Celebration was led by DSC staff, Monica Untalan in collaboration with numerous sponsors who have remained committed to this annual event. DSC also welcomed new partnerships and sponsors who pledged their commitment for this and next year's event as well.



DSC's Evelyn Cruz and Cathy Bayona served as Mistresses of Ceremony. The event started with the blessing for our *Mañaina-ta's* by Coadjutor Archbishop, the Most Reverend Michael Jude Byrnes followed by the welcoming remarks from DSC's Senior Citizens Administrator Arthur U. San Agustin. The event was attended by approximately 200 people which included five (5) of the six (6) living Centenarians accompanied by family and close friends; family and friends of the two (2) Centenarians who were honored posthumously; Honorable Ray Tenorio, Lt. Governor of Guam; Mr. Jon Junior Calvo (representing Congresswoman Madeleine Z. Bordallo); Senators Dennis G. Rodriguez, Jr., Joe S. San Agustin, Louise Borja-Muna and former Senator Tony Ada; Mayor Vicente Taitague of Talofofo; Centenarians and event sponsors; members of the Aging Network (Health Services of the Pacific and Kloppenburg Enterprises, Inc.); members of the 2017 SCM Central Planning Committee (CPC); and DSC Volunteers.

This year, the CPC welcomed back SCM official photographer Mr. Edward "Ed" San Nicolas who covered the entire event from start to finish, once again offering his services pro-bono. Ed was gracious enough to not only cover the Centenarians and their families but also did a special photo shoot of their Mayors and sponsors who were honored to be recognized on his Facebook page which is shared and seen by many on the World Wide Web.



The 2017 Centenarians recognized:

1) Josefina Yamanaka Blas, age 102 (top left)
2) Hae Im Yu Shim, age 100 (top right)
3) Julia Blas Sablan, age 99 (top center)
4) Paz Mendiola Sablan, age 99 (bottom left)
5) Cesaria Cruz Arce, age 99 (bottom right)
6) Concepcion Cabreros Gatmen, age 99 (bottom center)

Two Centenarians were recognized posthumously:

1) †Margaret Aube Wong, age 100, who passed away on February 7, 2017 (left)
2) †Josefina Cruz Certeza, age 100, who passed away on March 5, 2017 (right)





Five (5) of the six (6) living centenarians attended the ceremony. This year, once again, all Centenarians honored were women.

**Planning, Collaboration Efforts and Event Expenditures**

On January 30, 2017, the Department of Public Health and Social Services issued Press Release 2017-031 a Call Out for Centenarians. Deadline to submit nominations was Friday, March 3, 2017 by 3:00 p.m.

As the planning began, a search through the Division of Senior Citizens (DSC) Guam GetCare database system initially found 11 possible Centenarians to be honored; four (4) of which were honored last year. However, as the planning progressed, there were eight (8) families that submitted Centenarian packages. Unfortunately, two (2) Centenarians who were honored last year passed away prior to our Centenarian event.



As part of the planning, the CPC sent solicitation letters through our partnership with Health Services of the Pacific to seek sponsors for the event as well as individual Centenarian sponsors. Many of our partners in years past have committed to this annual event which include Cost-U-Less - Centenarian Iconic Gifts; Crown Bakery - Centenarian Celebratory Cake; Asahi Association of Guam - Centenarian Individual Birthday Cake; Senator & Mrs. Dennis G. Rodriguez, Jr. – Centenarian Gift; POMIKA Sales – Centenarian Gift; Mr. Edward San Nicolas – Professional Photography (pro-bono) ; TriVision Media – Centenarian live billboard "Birthday Greeting"; Guam Facilities Foundation, Inc. – cash donation of $500.00; Bank of Guam – cash donation of $500.00; Mrs. Elaine Jones – cash donation of $400.00 and Mr. Tommy Taitague – assistance with billboard birthday greeting.

Once the number of Centenarians were confirmed, the Division reached out to potential sponsors for each Centenarian. The Centenarian sponsors were:

1. AM Insurance (Muna Family) sponsor for Mrs. Josefina Yamanaka Blas
2. Guam Latte Stone Lions Club sponsor for Mrs. Hae Im Yu Shim
3. Former Senator Tony & Mrs. Annette Ada for Mrs. Julia Blas Sablan
4. Senator Dennis G. Jr. & Mrs. Lena Rodriguez for Mrs. Paz Mendiola Sablan
5. Guam Sunshine Lions Club for Mrs. Cesaria Cruz Arce
6. Kloppenburg Enterprises, Inc. for Mrs. Concepcion Cabreros Gatmen
7. Johnstone Supply for †Mrs. Margaret Aube Wong
8. Johnstone Supply for †Mrs. Josefa Cruz Certeza

Mr. Juan Muna from AM Insurance also mentioned that they would be interested in sponsoring more than one Centenarian next year. Additionally, as one of our Centenarians are of Filipino origin, we found information that as a gift to the Centenarian the Philippine Consulate will provide 100,000 pesos when the celebrant turns 100.



In addition to the individual sponsors for the Centenarians, the CPC also engaged partnership with new private, public and individual sponsors that include Ada's Trust and Investment – cash donation of $300.00; Korean Association of Guam – cash donation of $300.00; Mr. Jesse & Mrs. Julie Perez – cash donation of $300.00; Coast 360 – cash donation of $250.00; Law Offices of Minakshi Hemlani – cash donation of $100.00; Guam Coalition Against Sexual Assault & Family Violence – donation of Centenarian event program; Flowers By Tand – floral leis; Mr. Daniel Yang & Copy Express Guam – discount for photo frames; Davenger's – sponsor Centenarian photo frame; Mrs. Julia Villagomez – centenarian gift; Pacific Star Hotel – individual fruit baskets; Guam Visitors Bureau – donation of Guam bags; Guam Regional Medical City – donation of first aid kits; Mr. Ken San Agustin and Mr. Ernane Balinas who provided the entertainment for the day.

Each year the committee has been graced with more Centenarians to honor. Last year's event was held in a hotel ballroom to accommodate the number of Centenarians honored, this year would be no different. The DSC opted to go through an existing IDIQ (Indefinite Delivery Indefinite Quantity) Bid with the General Services Agency (GSA), IFB-GSA-044-16, Item No. 15.1. This was not an easy task as the requisition was prepared in February 2017, however, a Purchase Order was not issued until April 2017 to Pacific Star Resort and Spa in the amount of $6,800.00 for 200 guests. With the event calendared for May 17, 2017, that did not leave much time for planning. Once the venue was secured, the committee had to secure an Assembly Permit with the Guam Fire Department (GFD) and plan the logistics, from decorations to floor plan.

This year, through generous donations received, the Centenarian Committee decided to highlight and put the spotlight on the women of the hour; our *Saina*, therefore, hired Bellisima Florals and Events who did a spectacular job with the stage back drop and table settings. All in attendance were in awe of the beautiful ambiance as you walked in. The mastermind behind the beautiful décor was Mr. Jhun Duque. The Centenarian Committee is grateful for his time, talent and vision in making the event one that many to this day are talking about. Although his services were paid for, Mr. Duque also provided in-kind donation to the event and enlisted sponsorship from QMS Event Lighting to assist with the lighting for the backdrop.

This year the committee was honored to have Guam Visitor's Bureau and longtime news reporter Josh Tyquiengco read the Centenarian's bio-data. Followed by presentations of Governor's Certificate; Legislative Resolution; Congressional Recognition; DSC's Iconic Gift (sponsored by Cost-U-Less); Floral Lei for Centenarian honorees (sponsored by Flowers By Tand); and Fresh Floral Wreath for Centenarians honored posthumously (sponsored by Johnstone Supply).

As in every birthday celebration, there is a birthday cake, birthday song and birthday gifts. This celebration was no different. In addition to the sponsored gifts, the celebratory cake compliments of Crown Bakery and six (6) individual cakes from the Asahi Association of Guam were paraded into the ballroom by representatives of Crown Bakery, the Asahi Association of Guam, Palau Community Association of Guam, and DSC volunteers while Mr. Ernane Balinas and Senator Louise Muna sang the "Happy Birthday" song. After the candles were blown by each Centenarian on their individual cakes, the celebratory cake candle was blown by Centenarian Blas, the oldest Centenarian who has celebrated three (3) events with us.

On display throughout the ceremony were large framed poster boards depicting the lives of each Centenarian which the families took home as a gift from the generous sponsors. At the close of this event, many partners commended the event and gave their commitment to continue to partner with the DPHSS/DSC for future Centenarian Celebrations. Among them were Cost-U-Less for the Iconic Gifts; Crown Bakery for the Celebratory Cake; Asahi Association of Guam for the Individual Birthday Cakes; Sunshine Lions Club, Latte Stone Lions Club, AM Insurance, and the Korean Association of Guam all committed to sponsoring a Centenarian next year. Additionally, the Lions Club District 204 and Guam Facilities Foundation, Inc. have committed to partake in next year's event as well as Mr. Chris Morato of Tri-Vision Media Group LLC who will honor our Centenarians through the live billboard at the ITC intersection.

**Appreciation**

This year's Centenarian Celebration event would not have been possible without the outpouring of support from our generous contributors, inclusive of individuals and organizations:




*Lt. Governor Ray Tenorio • Coadjutor Archbishop Michael Jude Byrnes • AM Insurance (Muna Family) • Ada's Trust and Investment • Former Senator Tony & Mrs. Annette Ada & Family • Asahi Association of Guam • Mr. Ernane Balinas • Bank of Guam • Coast 360 • Cost-U-Less • Crown Bakery • Davenger's • Flowers By Tand • Guam Coalition Against Sexual Assault &*

*Family Violence • Guam Facilities Foundation, Inc. • Guam Latte Stone Lions Club • Guam Regional Medical City • Guam Sunshine Lions Club • Guam Visitors Bureau • Health Services of the Pacific • Johnstone Supply • Mrs. Elaine Jones • Kloppenburg Enterprises, Inc. • Korean Association of Guam • Law Offices of Minakshi Hemlani • Office of Congresswoman Madeleine Z. Bordallo • Palau Community Association of Guam • Ms. Herbie Perez • Mr. Jesse & Mrs. Julie Perez • POMIKA Sales • Senator Dennis G. Jr. & Mrs. Lena Rodriguez & Family • Mr. Ken San Agustin • Mr. Edward San Nicolas, SCM Official Photographer • Mr. Tommy Taitague • TriVision Media Group LLC • Mr. Josh Tyquiengco • Mrs. Julia Villagomez • Mr. Daniel Yang & Copy Express Guam*

Submitted by:

**MONICA D. UNTALAN**
DSC Lead
2017 Centenarian Celebration