GOVERNMENT OF GUAM
DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES
DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT

EDDIE BAZA CALVO
GOVERNOR

RAY TENORIO
LIEUTENANT GOVERNOR

AUG 29 2018

LEO G. CASIL
ACTING DIRECTOR

GL# 34-18-2284
Speaker Benjamin J.F. Cruz

AUG 30 2018
Time: 8:50 [ ] AM [ ] PM File No. 34-3038
Received By:

Honorable Benjamin J.F. Cruz
Speaker, 34th Guam Legislature
Guam Congress Building
163 Chalan Santo Papa
Hagatna, Guam 96932

Dear Speaker Benjamin J.F. Cruz:

The Department of Public Health and Social Services (DPHSS), Division of Senior Citizens (DSC) coordinated and/or facilitated various events to celebrate Senior Citizens Month 2018, observed annually in May. This year's theme for the month long celebration was "Engage at Every Age", local translation "Enggågansa Todu Idåt" (Engage at Every Age) provided by the newly established Commission on Chamorro Language, Council Member Mrs. Rufina Mendiola.

Senior Citizens Month activities commenced in April 2018 to May 2018 which was made possible through the collaborative efforts of our partners made up of government, non-government, for-profit and non-profit entities who all stepped up to make this year's celebration the success that it was.

Local expenditures incurred by the Division of Senior Citizens for the 2018 celebration of Senior Citizens Month is as follows:

Description of Activity	Funding Source	Cost
Hotel Venue Centenarian Celebration- 250 pax P186A01854	SR Citizens State Agency Admin Contract Account #5100A18173SE001230	$ 7,250.00
Hotel Venue- 450 pax Guam Conference on Aging P186A02133	SR Citizens State Agency Admin Contract Account #5100A18173SE001230	$14,000.00
2018 Senior Citizens Month- Local Expenditures		$21,250.00

In addition to the fiscal aspect of the report as prescribed by Public Law 17-35, enclosed is the report on events the DSC spearheaded along with its many partners. Should you have any questions regarding the report, please contact Senior Citizens Administrator Arthur U. San

2284

2018 AUG 30 AM 9:39

Agustin, MHR or Senior Citizens Month, Central Planning Committee Chairperson Charlene D. San Nicolas at 735-7415/7421 or email arthur.sanagustin@dphss.guam.gov or charlene.sannicolas@dphss.guam.gov.

LEO G. CASIL
Acting Director

Enclosure

2018 Senior Citizens Month Report

In compliance with Public Law 17-35
Effective 11/29/1983

Declaring the Month of May as "Senior Citizens Month"



UPDATED: May 23, 2018

This is provided as a reference document for planning purposes for 2018 Senior Citizens Month and is not the final Calendar of Events

OLDER AMERICANS MONTH

ENGAGE AT EVERY AGE: MAY 2018

DEVELOPING SCHEDULE OF EVENTS FOR 2018 SENIOR CITIZENS MONTH

DATE	ACTIVITY	COORDINATING ORGANIZATION	LOCATION/TIME
April 21 Saturday	SENIOR TENNIS CHALLENGE	GovGuam Association of Retired Persons, Division of Senior Citizens - Department of Public Health and Social Services, 2018 Senior Citizens' Month Central Planning Committee, and 2018 Huegon Manamko Committee	Rick Ninete Tennis Center Hagåtña 6:00 a.m. – 8:00 a.m.
April 24 Tuesday	ADULT DAY CARE MACHECHE OPEN HOUSE	Mayors' Council of Guam and Division of Senior Citizens - Department of Public Health and Social Services	Macheche Multi-Purpose Community Center, Dededo 4:00 p.m. – 6:00 p.m.
April 27 Friday	PROCLAMATION SIGNING AND HUEGON MANAMKO (SENIOR GAMES)	Office of the Governor: Honorable Eddie B. Calvo, Governor of Guam, Division of Senior Citizens - Department of Public Health and Social Services, Mayors' Council of Guam, Guam Marianas Lions Club, Lions Club International- District 204 and 2018 Senior Citizens' Month Central Planning Committee ***(For registered Senior Center participants)***	Governor Joseph Flores Beach Park Ypao Beach Park, Tumon 8:00 a.m. – 2:00 p.m. Proclamation Signing: 11:00 a.m.
May 2 Wednesday	FRAIL ELDERLY MASS AND MAY CROWNING	Mayors' Council of Guam and Division of Senior Citizens - Department of Public Health and Social Services ***(For invited guests)***	Macheche Multi-Purpose Community Center, Dededo 10: 00 a.m. – 2:00 p.m.
May 24 Thursday	CENTENARIAN CELEBRATION	Division of Senior Citizens - Department of Public Health and Social Services, Lions Club International- District 204 and 2018 Senior Citizens' Month Central Planning Committee ***(For invited guests)***	Pacific Star Resort and Spa (Chamorro Ballroom) Tumon 10:00 a.m. – 1:00 p.m.
May 31 Thursday	GUAM CONFERENCE ON AGING	Division of Senior Citizens - Department of Public Health and Social Services ***(For registered Senior Center participants and limited seating for other seniors in the community)***	Pacific Star Resort and Spa Check–In: 8:00 a.m. – 9:30 a.m. Pre-Conference: 9:30 a.m. – 10:00 a.m. Conference: 10:15 a.m. – 2:30 p.m.
TBA	LEGISLATIVE RECEPTION	34th Guam Legislature ***(For registered Senior Center participants)***	Location: TBA Time: TBA

For information, call the Division of Senior Citizens – Department of Public Health and Social Services at 735-7415/7421

rev 5/23/18

Doc. No. 34GL-18-2284.

2018 Division of Senior Citizens Staff and Central Planning Committee Members.

The Division with a staff of 10 were involved in the coordination of six (6) activities in the promotion of Senior Citizens Month events. Listed below is the break-down of Division staff by Bureau/Location, Position Title, Filled Positions, and Committee/Support.

Bureau/Location	Position Title	No. of Positions Filled	Committee/Support
State Office	**Arthur U. San Agustin, MHR** Senior Citizens Administrator	1	Technical Assistance
Bureau of Administrative Support	**Tricia Sanchez** Administrative Assistant	1	Logistical Support
Bureau of Adult Protective Services	**Jocelynn Cruz** Social Services Supervisor I	1	• Proclamation Signing • Senior Games
	William Reyes Social Worker III **Nilda Orencia** Social Worker III	2	
Bureau of Program Administration and Development	**Charlene D. San Nicolas** Program Coordinator IV	1	• Central Planning Committee • Centenarian Celebration • Media Notices
	Monica D. Untalan Program Coordinator III **Breanna B.F. Sablan** Program Coordinator III	2	
Bureau of Community Support	**Chad A. Palomo** Program Coordinator IV	1	• Guam Conference on Aging
	Kenny Artero Program Coordinator III	1	
	Total Staff	10	

2018 Senior Citizens Month- Central Planning Committee Meetings. The Central Planning Committee had seven meetings as indicated below.

1. Thursday, February 8, 3:00 p.m., DSC Conference Room
2. Thursday, February 22, 3:00 p.m., DSC Conference Room
3. Thursday, March 15, 3:00 p.m., DSC Conference Room
4. Thursday, March 29, 3:00 p.m., DSC Conference Room
5. Thursday, April 12, 3:00 p.m., DSC Conference Room
6. Thursday, April 26, 3:00 p.m., DSC Conference Room
7. Thursday, June 21, 2018- Closeout Meeting

Sub-Committees. The events featured this year were made possible by support received from our aging network to include for-profit and non-profit government and non-government organizations, in addition to individual support from members in the community who dedicate their time to assist with Central Planning Committee activities to enhance 2018 Senior Citizens Month for our Manamko age 60 years and older and their caregivers.

1. Senior Tennis Challenge, Rick Ninete Tennis Center, Hagåtña
   Sponsors: GovGuam Association of Retired Persons, Division of Senior Citizens - Department of Public Health and Social Services, 2018 Senior Citizens' Month Central Planning Committee, and 2018 Huegon Manamko Committee
   Date: Saturday, April 21, 2018
   Event Time: 6:00 a.0m to 8:00 a.m.

2. Adult Day Care Macheche Open House
   Sponsors: Mayors' Council of Guam and Division of Senior Citizens -Department of Public Health and Social Services
   Date: Tuesday, April 24, 2018
   Event Time: 4:00 pm to 6:00 pm

3. Proclamation Signing and Huegon Manamko (Senior Games), Governor Joseph Flores Beach Park, Ypao Beach Park, Tumon
   Sponsors: Office of the Governor: Honorable Eddie B. Calvo, Governor of Guam, Division of Senior Citizens - Department of Public Health and Social Services, Mayors' Council of Guam, Guam Marianas Lions Club, Lions Club International- District 204 and 2018 Senior Citizens' Month Central Planning Committee
   Date: Friday, April 27, 2018
   Event Time: 8:00 am to 2:00 pm ♦ Proclamation Signing: 11:00 a.m.

4. Frail Elderly Mass and May Crowning, Macheche Multi-Purpose Community Center, Dededo
   Sponsors: Mayors' Council of Guam and Division of Senior Citizens - Department of Public Health and Social Services
   Date: Wednesday, May 2, 2018
   Event Time: 10:00 a.m. to 2:00 pm

5. Centenarian Celebration, Pacific Star Resort and Spa (Chamorro Ballroom)
Sponsors: Division of Senior Citizens - Department of Public Health and Social Services, Lions Club International- District 204 and 2018 Senior Citizens' Month Central Planning Committee
Date: Thursday, May 24, 2018
Event Time: 10:00 am to 1:00 pm

6. Guam Conference on Aging, Pacific Star Resort and Spa (Chamorro Ballroom)
Sponsor: Division of Senior Citizens - Department of Public Health and Social Services
Date: Thursday, May 31, 2018
Event Time: 8:00 am to 2:30 pm

SENIOR CITIZENS MONTH
ENGAGE AT EVERY AGE - MAY 2018
'Enggåganså Todu Idåt'

2018 Senior Citizens Month Reports

- Proclamation Report
- Huegon Manamko Carnivale
- Centenarian Celebration Report
- Guam Conference on Aging Report



2018 Senior Citizens Month Reports

- Proclamation Report (Pages 1-3)
- Huegon Manamko Carnivale (Pages 1-3)
- Centenarian Celebration Report (Pages 1-5)
- Guam Conference on Aging Report (Pages 1-7)



2018 Senior Citizens' Month Proclamation Signing Event

On April 27, 2018, the Acting Governor of Guam, Honorable Ray Tenorio, signed Proclamation 2018-39 at the Ypao Beach Park, in Tumon, officially proclaiming the month of May 2018 as Senior Citizens Month (SCM). For over 30 years, Senior Citizens Month has been observed and celebrated with activities recognizing and honoring *I Mañaina-ta,* our elders, who enrich and strengthen our community by their wisdom and guidance, valuable skills and contributions, and for all the sacrifices they have made for our island and its people.

The national theme for this year's SCM celebration "Engage at Every Age" or "Enggågansa Todu Idåt," emphasizes that we are never too old or too young to take part in activities that can enrich our physical, mental, and emotional well-being. It also celebrates the many ways our elders make a difference in our communities; participating in activities that promote physical and mental wellness, engaging in community planning events, volunteering, and mentoring our younger generation are just a few of the many ways our elders stay engaged. This year's Proclamation Signing was held in conjunction with the 3rd Annual Huegon Manamko (Senior Games), an event held to promote senior fitness in the spirit of teamwork and comradery of our seniors. The coordination for the two events, Proclamation Signing and Huegon Manamko, to occur on one day rather than two separate days was an effort to cut costs given the Government's critical financial situation, thus, reducing the amount of time and resources needed to plan and coordinate two separate events while still ensuring our seniors are recognized and celebrated.



Event Highlights

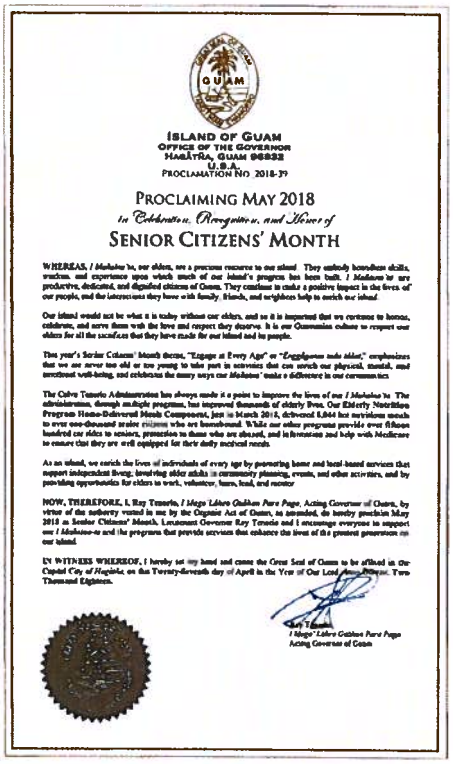
The coordination of the Proclamation Signing event was led by the Division of Senior Citizens (DSC), DPHSS, in collaboration with the Office of the Governor, the Mayor's Council of Guam and 2018 Senior Citizens Month Central Planning Committee, which is comprised of key aging partners from the private sector and government agencies. The event was attended by approximately 200 individuals which included participants from eleven (11) Senior Citizens Centers; members of the Senior Center Executive Council; Senators Dennis Rodriguez, Jr. and Frank Aguon, Jr., Mayors Doris Lujan, Thomas Duenas and Dale Alvarez; members of the Aging Network (Health Services of the Pacific, Mayors' Council of Guam and Kloppenburg Enterprises, Inc.); members of the 2018 SCM Central Planning Committee (CPC); members of the GovGuam Association of Retired Persons; DPHSS Acting Director; two (2) DPHSS Division Heads; and other DPHSS staff.

Mr. Arthur U. San Agustin, Senior Citizens Administrator served as the Master of Ceremony and Fr. Jose Villagomez provided an opening prayer and blessed the food.

DPHSS Acting Director Leo Casil, Senator Dennis Rodriguez and Mayor Doris Lujan provided brief remarks.

Planning and Collaboration Efforts

Planning of the event commenced in January 2018, which included several meetings with the 2018 Huegon Manamko Committee, as well as calls and emails to the Office of the Lt. Governor and Communications Section of the Governor's Office, which were effective in ensuring communication was clear as to the event. Updates in the planning for the Proclamation Signing event were reported at all CPC meetings to keep the large committee informed.



ISLAND OF GUAM
OFFICE OF THE GOVERNOR
HAGÅTÑA, GUAM 96932
U.S.A.
PROCLAMATION NO. 2018-39

PROCLAIMING MAY 2018
In Celebration, Recognition, and Honor of
SENIOR CITIZENS' MONTH

WHEREAS, *I Manåmko* be, our elders, are a precious resource to our island. They embody boundless skills, wisdom, and experience upon which much of our island's progress has been built. *I Manåmko* are productive, dedicated, and dignified citizens of Guam. They continue to make a positive impact in the lives of our people, and the interactions they have with family, friends, and neighbors help to enrich our island.

Our island would not be what it is today without our elders, and so it is important that we continue to honor, celebrate, and serve them with the love and respect they deserve. It is our Guamanian culture to respect our elders for all the sacrifices that they have made for our island and its people.

This year's Senior Citizens' Month theme, "Engage at Every Age" or "*Enggaguon todo Idåd*," emphasizes that we are never too old or too young to take part in activities that can enrich our physical, mental, and emotional well-being, and celebrates the many ways our *Manåmko* make a difference in our communities.

The Calvo Tenorio Administration has always made it a point to improve the lives of our *I Manåmko*'s. The administration, through multiple programs, has improved thousands of elderly lives. Our Elderly Nutrition Program Home-Delivered Meals Component, just in March 2018, delivered 8,044 hot nutritious meals to over one-thousand senior citizens who are homebound. While our other programs provide over fifteen hundred our elders to seniors, promotion to those who are abused, and in hypertension and help with Medicare to ensure that they are well equipped for their daily medical needs.

As an island, we enrich the lives of individuals of every age by partnering home and local based services that support independent living, involving elder adults in community planning, events, and other activities, and by providing opportunities for elders to work, volunteer, learn, lead, and mentor.

NOW, THEREFORE, I, Ray Tenorio, *I Maga'låhen Guåhan Para Fuga*, Acting Governor of Guam, by virtue of the authority vested in me by the Organic Act of Guam, as amended, do hereby proclaim May 2018 as Senior Citizens' Month. Lieutenant Governor Ray Tenorio and I encourage everyone to support our *I Manåmko*-s and the programs that provide services that enhance the lives of the greatest generation on our island.

IN WITNESS WHEREOF, I hereby set my hand and cause the Great Seal of Guam to be affixed in the Capital City of Hagåtña, on this Twenty-seventh day of April in the Year of Our Lord Two Thousand Eighteen.

I Maga'låhen Guåhan Para Fuga
Acting Governor of Guam

Recommendations for Next Year

On June 21, 2018, the 2018 Senior Citizens Month Central Planning Committee met for its close out meeting to identify key points and recommendations for future events and there was a consensus for future Proclamation Signing events to be held separate from the Huegon Manamko. It was agreed that if the Senior Centers are willing to host and plan for the Proclamation Signing to be held at their Center then it should go back to the Centers.

Historical Information

Prior to this year's event, the Proclamation Signing for Senior Citizens' Month was held at one (1) of 12 Senior Citizens Centers. The village center designated to host the Proclamation Signing event was selected in the order it became a Senior Citizens Center (i.e., Sinajana was the first Senior Citizens Center on Guam, thus in 2006, Proclamation Signing was held at the Sinajana Center; in 2007, the Proclamation Signing was held at the Mangilao Senior Citizens Center, etc.), as illustrated below in Table 1. Senior Citizens Month Proclamation Signing Events. As the Governor is invited to proclaim Senior Citizens Month at the designated village center, the Senior Citizens Center participants graciously agreed to host the Governor and other invited dignitaries and guests. In keeping with the order of the next hosting Senior Citizen Center, the Agana Heights Senior Center hosted the 2017 Proclamation Signing on April 27, 2017, therefore, the next hosting center for the 2019 Proclamation Signing will be the participants from the Sinajana Senior Center.

Table 1. Senior Citizens Month Proclamation Signing Events

No.	Hosting Senior Citizens Center	Date
1.	Sinajana Senior Citizens Center	April 20, 2006
2.	Mangilao Senior Citizens Center	April 19, 2007

3.	Yigo Senior Citizens Center	April 23, 2008
4.	Astumbo Senior Citizens Center	April 30, 2009
5.	Dededo Senior Citizens Center	April 27, 2010
6.	Tamuning Senior Citizens Center	April 27, 2011
7.	Yona/Talofofo Senior Citizens Center	April 24, 2012
8.	Inarajan Senior Citizens Center	April 26, 2013
9.	Agat Senior Citizens Center	April 28, 2014
10.	Santa Rita Senior Citizens Center	April 28, 2015
11.	Merizo Senior Citizens Center	April 28, 2016
12.	Agana Heights Senior Citizens Center at the Elks Lodge	April 27, 2017

Appreciation

The successful production of this year's 2018 Senior Citizens Month Proclamation Signing event is attributed to the great team effort of Division of Senior Citizens staff and volunteers, and to the following individuals, agencies, and organizations for their support and contributions:

- Communication Section of the Office of the Governor for finalizing and printing the invitation and Proclamation;
- Mayors Council of Guam In-Home and Case Management Staff for assisting on the day of the event;
- Father Jose Villagomez for delivering the opening prayer and for blessing the food;
- Guam Fire Department and the DPHSS, Bureau of Family Health & Nursing Services for providing emergency standby assistance;
- DPHSS Acting Director Leo Casil for providing brief remarks; and
- Mr. Arthur San Agustin who served as the Master of Ceremony and read the Proclamation at the event.

Thank you to the aforementioned for their efforts, support and contribution to this year's 2018 Senior Citizens Month Proclamation Signing Event. ***Biba I Manaina-ta!***

2018 Proclamation Co-Chairperson:

Jocelynn Cruz
Social Services Supervisor I
Bureau of Adult Protective Services

2018 HUEGON MANAMKO CARNIVALE

Event Highlights

This year's 2018 Huegon Manamko Carnivale was held at Ypao Beach Park with nearly 347 individuals registered to attend from the 12 Senior Citizens Centers. The event was supported by the Recreational Leaders, the staff of Mayors' Council of Guam (MCOG) Case Management, staff of the Division of Senior Citizens/DPHSS, and members of the Lion's Club. A Parade of Banners started the festivities. Each senior center proudly displayed their customized banner as they paraded in front of the stage. The winner for this year's banner competition came from the village of Merizo. Both anthems was proudly sung by Mr. Joey Charfauros, after that, Senior Citizens Administrator Arthur San Agustin gave the opening remarks to welcome our seniors to the 2018 Huegon Manamko Carnivale. The memories of the senior games was captured by DSC's very own photographer Miss Nilda Orencia and from CMS, Mr. John Mogul, whose great photography memorialized the moments of comradeship, goodwill and the fun loving spirit of competition among seniors. This event was energized through the dynamic music provided DJ Ken San Agustin and his partner who kept all entertained with their selection of Cha-Cha and step music which was a big hit with the Manamkos; the music motivated them to get up and dance.



Not only did this event promote senior fitness, spirit of teamwork and comradery among our seniors, it also brought forth partnership working together in a collaborative effort from the different agencies both private and public. Huegon Manamko Committee Members consisted of individuals representing the private and public sectors partnering to make this event happen for our Manamkos.

Each sponsor provided the game rules, materials and prizes for the game they sponsored. There was a total of 6 games. The games included the **Gathering Game**, this involves a number being called and the participants having to group themselves into the number called, i.e. the number 5 is called, of all participants, each group is to have 5 members. This game generated movement among its participants while building their social skills promoting the participants, the seniors to interact with the seniors from the various Centers. This game also challenged our manamkos to network with other seniors into getting accepted, away from the comfort of their own Senior Center. There was also the **Over and Under Game** which tested the skills and coordination of our seniors as they were passing the ball over and under to their teammates which entailed speed, coordination and teamwork, a great cardio stimulating senior friendly game. Seniors were also able to stimulate brain muscles by playing the **Memory Game**, contestants were asked to name all the items they saw in 60 seconds. Both men and women showed their skills in the traditional **Talaya Throw and Coconut Toss**. The **Ring Toss** is a game of precision and actually a lot of luck to land the ring in a colored bottle a distance away. This next game is a messy game as participants got their wipes ready for the **Egg Toss.** Your partner must catch the raw egg without breaking the shell to advance as the distance between the partners become greater after each toss. The last couple catching the egg from the greatest distance without breaking the eggshell wins.

All in all, seniors were able to test their fitness, socialization skills and show the spirit of teamwork.



Winners: The Merizo Senior Citizens Center participants had their game face on as they placed First Overall for Huegon Manamko. Winning this year's 2018 Huegon Manamko Carnivale overcoming the challenges from the other participants from the 11 Senior Centers. It is noteworthy to state that the 2016, 2017 and 2018 Overall Winner came from the island's southernmost village, Merizo. Having said this, Good Luck to all 12 Centers for next year's Huegon Manamko 2019.

The success of this year's 2018 Huegon Manamko Carnivale event was captured with two days of media attention and is attributed to the great team effort by Division of Senior Citizens staff and to the following individuals, agencies, and organizations for their support and contributions:

- Lt. Governor Ray Tenorio for delivering his message on the importance and significance of having our Manamkos;
- Senator Dennis Rodriguez Jr. and his office staff for his continuous support and contribution to our Manamkos with his support and generosity extended to sponsoring the Over and Under game and prizes;
- Sinajana Mayor Hoffman for his wonderful networking generosity in providing the canopies, tables, chairs, Porta Potty and DJ for the event;
- The Mayors' Council of Guam (MGOC) for their donation of food;
- Senior Center Operations (SCO) for their continuous support and by sponsoring a game with prizes;
- Johnny T. Afaisen (RL), Inarajan Recreational Leader for sponsoring the Talaya game with prizes;
- Orencia-Martin family for sponsoring the Egg Toss game with prizes;
- Dina Lipanovich for donating 10 different pastry platters;
- Mayor Louise Rivera of Tamunig for ensuring the trash from the event was picked up and properly disposed of;
- The Guam Spirit Lions for their donation of this year trophy and gifts;
- The Guam Latte Lions Club for their donation of paper products and door prizes;
- The Guam Marianas Lions Club for their donation of 10 cases of bottle water;
- Lion's Club International District 204 for their donation of 40 cases of bottle water;
- The Public Defender's office represented by Cathy Moylan, an event exhibitor;
- SHIP/SMP Medicare Volunteers and BCS staff for their support;
- DSC Administrator Arthur San Agustin for delivering the Opening Remarks;
- Joey Charfauros for leading in the singing of the the National Anthem and Guam Hymn;
- Parks and Recreation for waiving the fees to use the park;
- Guam Fire Department (GFD) for the Assembly Permit and providing Stand-By Assistance at no charge;

- Mrs. Juanita Camacho from Kloppenburg Enterprise, who served as emcee, Mrs. Herbie Perez from the Guam Spirit Lions Club, who served as co-emcee.

Through the generosity and support of the above individuals, agencies and community partners, the Division of Senior Citizens incurred no expenses for this year's Huegon Manamko Carnivale, 2018.

WILLIAM REYES, Chairperson
2018 Senior Citizens Month
Huegon Manamko Carnivale

Date: 8/29/18

2018 CENTENARIAN CELEBRATION

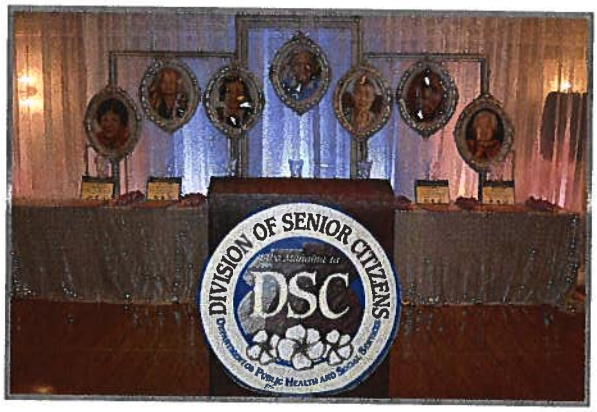
For over 30 years, Senior Citizens Month (SCM) has been celebrated and observed here on Guam during the month of May to honor and pay tribute to our island's Senior Citizens, our *Mañaina-ta.* This year's national theme, *"Engage at Every Age"* translated in Chamorro *"Enggågansa Todu Idåt"* which emphasizes that you are never too old, or too young for that matter, to partake in activities that can improve your physical, mental and emotional well-being. Participating in such activities offers wisdom and experience to the next generation which sums up our *Manamko* who we honor every year in the month of May.

Throughout the month of May the Division of Senior Citizens (DSC) in collaboration with government, non-profit and private sponsors coordinate events to showcase *I Mañaina-ta.* One of the events hosted honors our island's eldest *Mañaina-ta's* during the annual Centenarian Celebration. This year's Centenarian Celebration was held at the Pacific Star Resort and Spa Hotel in Tumon on Thursday, May 24, 2018.

The celebration recognized our island's Centenarians who are or will be turning 100 years of age or older in 2018. This event was an opportunity to celebrate the life of our community's eldest senior citizens. Many who have witnessed the worst of Guam's history (WWII and the Japanese occupation on Guam; Super Typhoon Karen in 1962 with winds between 155-190 mph, Pamela in 1976 with winds of 140-160 mph, and Paka in 1997 with winds between 145-175 mph) as well as the best (U.S. Citizenship, tourism as a second industry besides the military, Pope John Paul's visit to Guam in 1981, sitting Presidents who visited Guam: Lyndon Johnson in 1967, Richard Nixon and wife in 1969, and Bill Clinton in 1998).

Event Highlights

This year's Centenarian Celebration was led by DSC personnel, Monica Untalan and Breanna Sablan in collaboration with numerous sponsors who have remained committed to this annual event. DSC also welcomed partnership with new sponsors who have pledged their commitment for next year's event as well.



DSC's Charlene San Nicolas served as Mistress of Ceremony.

The event started with the blessing for our *Mañaina-ta's* by Fr. Felixberto C. Leon Guerrero, O.F.M., Cap., Pastor of the San Miguel Catholic Church in Talofofo. Immediately followed by the welcoming remarks from Senior Citizens Administrator Mr. Arthur San Agustin. The event was well attended by five Centenarians and their families and friends; family members of the two Centenarians who did not attend; Honorable Ray Tenorio, Lt. Governor of Guam; Mr. Jon Junior Calvo (representing Congresswoman Madeleine Z. Bordallo); Senators Dennis G. Rodriguez, Jr. and Frank B. Aguon Jr. and former Senator Tony Ada; Mayor Vicente Taitague of

Talofofo; Mayor Rudy Matanane of Yigo; Vice-Mayor Frank Benavente of Dededo; Centenarian and event sponsors; members of the Aging Network (Health Services of the Pacific, Kloppenburg Enterprises, Inc., Basil Food Industrial Services Corporation, and University of Guam, Preventive Health Program); members of the 2018 SCM Central Planning Committee (CPC); and DSC Volunteers.

This year, the CPC welcomed back SCM official photographer Mr. Edward San Nicolas who generously offered his service to take individual photos of each Centenarian.

The 2018 Centenarians recognized:

1) Josefina Yamanaka Blas (top center)
2) Hae Im Yu Shim (top left)
3) Julia Blas Sablan (top right)
4) Paz Mendiola Sablan (bottom left)
5) Cesaria Cruz Arce (bottom right)
6) Julian Bryson Wilgus (center)
7) Shirley Marie Bridler (bottom center)



This year the Guam Daily Post featured stories of some Centenarians. Mrs. Josefina Yamanaka Blas is our eldest Centenarian and supposedly Guam's oldest living World War II survivor. It was so fitting that the day of the Centenarian Celebration a newsprint insert from the Office of Congresswoman Madeleine Z. Bordallo was issued remembering and honoring Guam World War II survivors and Mrs. Josefina Blas was on the cover!

This year's Centenarians offered lots of wisdom and experience that definitely fit the theme ***"Engage at Every Age"***. Both Mr. Julian Wilgus and Mrs. Shirley Bridler were not born or raised on Guam, however, they chose to make Guam their home.

Planning, Collaboration Efforts and Event Expenditures

On January 4, 2018, the Department of Public Health and Social Services issued Press Release 2018-012 for the 2018 Call for Centenarians. Deadline to submit nominations was Friday, February 16, 2018 by 3:00 p.m.

As the planning began, the Division of Senior Citizens (DSC) prepared a requisition on January 18, 2018 to secure a venue for the event and a purchase order was issued on January 26, 2018. With the venue being secured, the committee was able to begin logistical planning.

Coordination began with the aging service providers to review client files to determine if any of their clients will be turning 100 this year. As a result, there were over a dozen potential honorees, however, some families respectfully declined recognition, and thus the planning began to honor the seven (7) Centenarians.

As part of the planning, the CPC sent solicitation letters through our partnership with Health Services of the Pacific to seek sponsors for the event as well as individual Centenarian sponsors. Many of our partners in years past have committed to this annual event which include Cost-U-Less for the Centenarian Iconic Gifts; Crown Bakery for Centenarian Celebratory Cake; Asahi Association of Guam for Centenarian Individual Birthday Cake; POMIKA Sales; Mr. Edward San Nicolas – Professional Photography (pro-bono) ; TriVision Media for the Centenarian live billboard "Birthday Greeting"; Guam Facilities Foundation (cash donation of $500.00); and Mrs. Elaine Jones (cash donation of $500.00). Last year's sponsors Ada's Trust and Investment, Coast 360 Federal Credit Union, Johnstone Supply, Tristar Terminals, and Mrs. Julia Villagomez generously contributed to this year's celebration as well.

Once the number of Centenarians were confirmed, the CPC reached out to potential sponsors for each Centenarian. The Centenarian sponsors include:

1. Former Senator Tony & Mrs. Annette Ada sponsor for Mrs. Josefina Yamanaka Blas
2. Korean Association of Guam sponsor for Mrs. Hae Im Yu Shim
3. Senator Frank B. Jr. & Mrs. Jennifer Aguon sponsor for Mrs. Julia Blas Sablan
4. Senator Dennis G. Jr. & Mrs. Lena Rodriguez sponsor for Mrs. Paz Mendiola Sablan
5. Guam Sunshine Lions Club sponsor for Mrs. Cesaria Cruz Arce
6. Guam Latte Stone Lions Club sponsor for Mr. Julian Bryson Wilgus
7. Guam Sunshine Lions Club sponsor for Mrs. Shirley Marie Bridler



Other than Centenarian individual sponsors, the CPC also engaged partnership with new private, public and individual sponsors to include Tove's Flower Shop who donated the floral leis; Indian Temple of Guam ($250.00 cash donation); Sevilla Family ($150.00 cash donation); Pacific Star Hotel (photobooth); Guam Visitors Bureau (Guam bags); Inetnon Gefpa'go and Mr. Ernane Balinas who provided the entertainment for the day.

This year, as in last, due to the generous donations received, the Centenarian Committee hired Bellisima Florals and Events to highlight our *Mañaina-ta's*. The décor set the tone for such a memorable event. All in attendance were amazed of the beautiful ambiance as you walked in. The mastermind behind the beautiful décor was Mr. Jeffrey Popatco. The Centenarian Committee is grateful for his time, talent and vision in making the event memorable.

This year the Centenarian bio-datas were read by Mrs. Rosalin Koss radio personality from 102.9 KISH FM. Readings were followed by the Lt. Governor's remarks and presentations of Governor's Certificate; Legislative Resolution; Congressional Recognition; DSC's Iconic Gift (sponsored by Cost-U-Less); and Floral Lei for Centenarian honorees (sponsored by Tove's Flower Shop).



As in every birthday celebration, there is a birthday cake, birthday song and birthday gifts. This celebration was no different. In addition to the sponsored gifts, the celebratory cake compliments of Crown Bakery and seven (7) individual cakes from the Asahi Association of Guam were paraded into the ballroom by representatives of Crown Bakery, the Asahi Association of Guam, Palau Community Association of Guam, and DSC volunteers while Mr. Ernane Balinas performed the "Happy Birthday" song.

At the close of this event, many partners commended the event and gave their commitment to continue to partner with the DPHSS/DSC for future Centenarian Celebrations. Among them were Cost-U-Less for the Iconic Gifts; Crown Bakery for the Celebratory Cake; Asahi Association of Guam for the Individual Birthday Cakes; Lion's Club International District 204; Sunshine Lions Club; Latte Stone Lions Club; Guam Facilities Foundation, Inc. and Mr. Chris Morato of Tri-Vision Media Group all committed their continued sponsorship for next year's event.

On display were large framed poster boards depicting the lives of each Centenarian. These frames were sponsored by Kloppenburg Enterprises, Inc. The bio-data photo frames are gifts for the family to take home. This year, the family of Mr. Julian Bryson Wilgus was very appreciative as they will be celebrating his 100th birthday in June and are honored to display at his birthday celebration.

Appreciation

This year's Centenarian Celebration event would not have been possible without the outpouring generosity, contribution and support from the following individuals and organizations:

Acting Governor Ray Tenorio • Ada's Trust and Investment • Mrs. Tony and Annette Ada • American Association of Retired Persons (AARP) Guam Chapter • American Cancer Society • Asahi Association of Guam • BankPacific • Copy Express Guam • Coast 360 Federal Credit Union • Cost U Less • Crown Bakery • Guam Facilities Foundation, Inc. • Guam Latte Stone Lions Club • Guam Spirits Lions Club • Guam Sunshine Lions Club • Guam Visitors Bureau • Health Services of the Pacific • Indian Temple of Guam • International Distributors, Inc. Johnstone Supply • Mrs. Elaine Cruz Jones • Kloppenburg Enterprises, Inc. • Korean Association of Guam • KStereo/KISH • MD Wholesale • Medpharm • National Office Supply • Office of Congresswoman Madeleine Z. Bordallo • Palau Community Association of Guam • POMIKA Sales • Sevilla Family • Senator and Mrs. Dennis G. Rodriguez Jr. • Senator and Mrs. Frank Aguon, Jr. • Tristar Terminals • TriVision Media Group LLC • Mr. Ernane Balinas • Edward San Nicolas (Photographer) • Mrs. Julia Villagomez

Recommendations for Next Year

As recommended in the past the Centenarian Committee begin meeting by the end of calendar year 2018 to reach out to potential sponsors and engage the community-at-large. They should reach out to the different ethnic organizations, associations or clubs for those not originating from Guam as well as maintain the partnership with existing sponsors for a future successful events. Also, the Centenarian Committee should consider generating funds solely for the Centenarian Celebration to offset any costs incurred that are not sponsored. Solicitation letters should be issued early to enlist the support of companies that make budget decisions as early as October 2018.

Lastly, the committee needs to keep in close contact with Mr. Ed San Nicolas who plays a vital role with the Centenarian event. It is a bonus that he showcases the SCM events via his Facebook page that is shared thousands of times on social media. Additionally, the committee shall maintain a good working relationship with Ms. Herbie Perez and the Lions Club District 204 who have given their commitment every year for our Senior Citizens Month events. It is the partnership with our island community that makes an event like this possible. It has been my pleasure and my honor to chair the 2018 Centenarian Celebration with Mrs. Breanna Sablan. ***Biba Mañaina-ta!***

Submitted by:

MONICA D. UNTALAN
DSC Lead - 2018 Centenarian Celebration

BREANNA SABLAN
DSC Co-Lead - 2018 Centenarian Celebration



As part of the annual celebration of Senior Citizens Month (SCM), the Division of Senior Citizens (DSC), Department of Public Health and Social Services (DPHSS) with support from the Guam Medicare Assistance Program (Guam MAP) and Guam Senior Medicare Patrol (SMP) Project along with the 2018 SCM Central Planning Committee hosted the 7th Annual Guam Conference on Aging (GCOA). The conference was held on Thursday, May 31, 2018 at the Pacific Star Resort & Spa with 292 senior citizens in attendance of which 263 or 90.07% were from the 12 Senior Citizens Centers, 23 or 7.88% were from the Adult Day Care centers and 6 or 2.05% were from the community at-large.

7TH ANNUAL GUAM CONFERENCE ON AGING	
ATTENDEES	
SENIOR CENTERS	
Tamuning Senior Center	55
Dededo Senior Center	42
Astumbo Senior Center	26
Sinajana Senior Center	23
Mangilao Senior Center	21
Yigo Senior Center	20
Agana Heights Senior Center	15
Yona/Talofofo Senior Center	14
Agat Senior Center	14
Santa Rita Senior Center	13
Merizo Senior Center	11
Inarajan Senior Center	9
Total Senior Citizen Centers	***263***
ADULT DAYCARE	
North/Central/South	23
PUBLIC	
Community-At-Large	6
TOTAL Senior Citizens	***292***
DIGNITARIES	
Dignitaries	9
EXHIBITORS	
Exhibitors (Total People)	35
TOTAL	***336***

Conference Survey

154 attendees completed a conference survey which sought to get feedback on their experience at the conference.

1. 151 or 98.05% said they would recommend this event to a colleague or friend and 3 or 1.95% who would not recommend this event to a colleague or a friend.

2. How would you rate your overall experience of the event? 65 or 42.21% rated the event Excellent, 67 or 43.51% rated the event Very Good, 16 or 10.39% rated the event Good, 6 or 3.9% rated the event Fair, and 0 or 0% rated the event Poor.

3. How organized was the event? 52 or 33.77% rated Excellent, 72 or46.75% rated Very Good, 28 or 18.18% rated Good, 2 or 1.3% rated Fair, and 0 or 0% rated Poor.

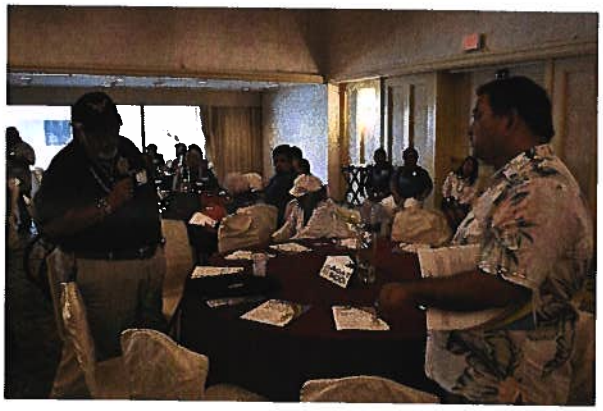
4. How helpful was the staff? 68 or 44.16% rated the staff Excellent, 72 0r 46.75% rated the staff Very Good, 12 or 7.79% rated the staff Good, 2 or 1.3% rated the staff Fair, and 0 or 0% rated the staff Poor.

The table below illustrates the responses for each question surveyed of the 154 conference respondents.

7TH ANNUAL GUAM CONFERENCE ON AGING				
SURVEY				
Total Surveys Collected		154		
Questions				
1. Would you recommend this event to a friend or colleague?				
Yes = 151 (98.05%)		No = 3 (1.95%)		
2. Overall How would you rate this event?				
Excellent	Very Good	Good	Fair	Poor
65 (42.21%)	67 (43.51%)	16 (10.39%)	6 (3.90%)	0 (0.00%)
3. How organized was the event?				
Excellent	Very Good	Good	Fair	Poor
52 (33.77%)	72 (46.75%)	28 (18.18%	2 (1.30%)	0 (0.00%)
4. How helpful was the staff?				
Excellent	Very Good	Good	Fair	Poor
68 (44.16%)	72 (46.75%)	12 (7.79%)	2 (1.30%)	0 (0.00%)

Each participant received a complimentary conference bag and walked away with valuable information from guest presenters and from a host of exhibitors from both the private and public sectors. The conference was Chaired by DSC staff, Chad Palomo, and Co-Chaired by DSC staff Kenny Artero. The Mistress of Ceremonies for the conference was Ms. Charlene San Nicolas, also a DSC staff.

Pre-Conference Activities



Pre-conference activities included participant check-in, a morning energizer led by Mr. Kevin Dema-ala, Preventive Health Educator with the College of Natural and Applied Sciences, University of Guam. Mr. Dema-ala provided Progressive Muscle Relaxation Exercises, Breathing Exercises and Neck, Arm, and Leg Exercises. Following the morning energizer was a presentation by Mr. Stephen P. Hattori, Executive Director of the Public Defender Service Corporation. Mr. Hattori spoke about planning ahead for seniors, which touched on a variety of legal issues that Guam seniors encounter such as, Wills and Estate Planning, Incapacities, Disabilities and Dying (Power of Attorney, Living Will, Guardianship), Raising Grandchildren, and Handling Elder Abuse.

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Conference Activities



The conference commenced with the singing of the National Anthem and Guam Hymn led by the Honorable Senator Louise Muna and Mr. Joey Charfauros, Senior Citizens Center Program Coordinator. Mr. Arthur U. San Agustin, MHR, Senior Citizens Administrator for the DSC, provided opening remarks, which touched on the meaning of this year's theme - "Engage at Every Age" or "Enggågansa todu idåt". As with prior conferences, this year's Senior Citizens Month theme is from the national 2018 Older Americans Month theme as issued by the Administration for Community Living (ACL) to resonate and raise awareness within the community about how seniors of today are redefining what aging means by trying new things, staying engaged in their communities, focusing on independence, and advocating for themselves and others. In line with the theme, "Engage at Every Age", the conference topics focused on important trends like, becoming and staying physically and mentally active, providing new information on legal services specific to guardianship mandates, and financial information about protection against fraud.



Dr. George Kallingal, Ph.D., ABMP & ABPS, addressed the participants on what it means to "Engage at Every Age". He spoke on the different types of "ages" people experience. These ages include your Chronological Age or your age in years; Your Mental Age and how to keep your mind engaged, healthy and active; Your Emotional Age and how to manage and keep healthy our thoughts and emotions as we age; Your Body Age and what to do to maintain a healthy body through sleep, nutrition, and exercise; Your Spiritual Age and how to feed and grow the human spirit through spiritual activities; Your Behavioral Age and how we can monitor how we behave, to change for the better and receive feedback from others; Your Personality Age and understanding and adjusting to our personalities as well as other personalities. To close his presentation, Dr. Kallingal spoke briefly on the Three Stages of Life.

Throughout the day raffles were held and prizes were given to seniors from the Manenggon Foundation and the UOG Preventive Health exhibitors. The Manenggon Foundation provided a look into history by providing a bag of items that were given to Manenggon survivors as they were marched from the camp. These items included a toothbrush, toothpaste, and crackers. The Preventive Health group shared some items to relief stress such as stress balls and workout shakers to utilize in preparing nutritious drinks for the on-the-go person. Special presentations



Left to Right: Charlene San Nicolas, Kenny Artero, Reina Yano, Rsei Isim, Flora De Jesus, Romeo Pontemayor, Norma Macapinlac, Chad Palomo, Rodolfo Colet, & Lourdes Babauta



Left to Right: Chad Palomo, Monica Untalan, Charlene San Nicolas, Maria Timoteo, Shella Sanders, Dolores Mateo, Arthur U. San Agustin, Breanna Sablan, & Kenny Artero



Left to Right: Kenny Artero, Arthur U. San Agustin, Charlene San Nicolas, Edward Tosco, Jesse Palomo, Nicolas Campos, Maxstewart Erickson, & Chad Palomo

were held to recognize the dedication, support and contributions of several individuals in giving their time and energy for the benefit of our island community.

As a co-sponsor of the conference, the Guam Medicare Assistance Program (Guam MAP) and Guam Senior Medicare Patrol Project (SMP) Project recognized its volunteers at this year's GCOA bestowing appreciation to the dedicated group of individuals who have contributed their time to help provide Medicare information and assistance to the island's beneficiaries, their families and caregivers. A commemorative plaque was provided to each volunteer. This year also saw the transition of three (3) programs from Catholic Social Service (CSS) to the Mayors Council of Guam (MCOG). The Division recognized those individuals and organizations that assisted in the successful transition of the programs. The transition was no small undertaking, consisting of the planning, coordinating and moving of over 80 employees. This endeavor also involved from start to finish, the successful recruitment of almost all the employees from CSS to MCOG and all in the timeframe beginning February 2018 and taking effect April 2018. During this time Division staff along with the Transition Team worked together to identify sites for the Adult Day Care program, office space for the Case Management Services and In-Home Services programs. This included the coordination and physical move of office equipment, furniture, program files, and office supplies.

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Concurrent Activities





Concurrent activities for the afternoon, included a Financial presentation and Dance Session by Gener Delequina, CEO Coast 360 Financial Institution. Mr. Delequina offered useful financial information to seniors concerning ways to deter and prevent fraud. Mr. Delequina, also the President of the Fusion Dance Group, led a rousing dance experience for the attendees which included four different and simple dance routines that had the Chamorro Ballroom up and moving. The Mariacy Beauty Academy and Cosmetology Services under the guidance of Mr. Joseph Cameron graciously and without cost provided services from students in Esthetics, Nail Technology, Barbering and Cosmetology. Mariacy closed up the Academy for the day and moved all the equipment and supplies needed to operate remotely at the conference venue. The conference attendees were delighted to receive these beauty services and were grateful to Mariacy for making it possible. The Guam Courts led by Marcelne Santos of the Office of the Public Guardian provided conference attendees with useful information about new mandates to the Guardianship Training Program which provides education and navigational support to newly appointed guardians as it relates to legal, financial and community matters.

Exhibitors

20 agencies and/or organizations signed up to be exhibitors at this year's conference to share program and product information that would benefit and engage seniors to remain active in their communities. On the day of the conference, 19 exhibitors showed up as follows.

Government of Guam Agencies:

1. Department of Public Health and Social Services, Division of Senior Citizens
2. Guam Homeland Security, Office of Civil Defense
3. Guam Housing and Urban Renewal Authority (GHURA)
4. University of Guam, Preventive Health Program
5. Department of Labor, Senior Community Service Employment Program
6. Mayors' Council of Guam, Case Management Services

Non-Profit Organizations:

1. Guam Medical Association/Guam Association of Retired Persons
2. Guam Diabetes Association

3. Guam Legal Services Corporation
4. Manenggon Foundation
5. Victim Advocates Reaching Out (VARO)

Private Organizations:
1. Coast 360 Financial Institution
2. Guam System for Assistive Technology (GSAT)
3. Health Services of the Pacific, National Family Caregiver Support Program
4. Mountain Pacific Quality Health
5. Public Defender Service Corporation
6. U.S. Attorney's Office

Expenditures

Expenditures for this year's conference are as follows:

Description of Activity	Funding Source	Cost	Percentage
Hotel Venue for Guam Conference on Aging (450 pax): Purchase Order No. P186A02133	Senior Citizens State Agency Account #5100A181730SE001230	$14,400.00	78.10%
Name Badge Holder Kits (400 pcs.): Funds generated through donations and sponsorship total $370.00; $364.00 was spent as noted above with the balance of $6.00 remaining with Health Services of the Pacific who solicited the donations and sponsorships.	Health Services of the Pacific, a Central Planning Committee (CPC) member and a Non-Governmental Organization (NGO).	$364.00	1.97%
Conference Bags (600 pcs.): Purchase Order No. P186A02597	Senior Medicare Project (SMP) Account #5101H171730MA112230	$3,674.00	19.93%
	Total	$18,438.00	100%

Community Contributions

The successful production of this year's GCOA is attributed to the great team effort by the DSC staff and the following individuals, agencies, and organizations for their support and contributions.

1. Senator Louise Muna, 34th Guam Legislature
2. Dr. George Kallingal Ph.D., ABMP & ABPS
3. Health Services of the Pacific
4. Mayors' Council of Guam (MCOG) - Senior Center Operations
5. Mayor's Council of Guam (MCOG) – Case Management Services
6. Mayor's Council of Guam (MCOG) – Adult Day Care
7. Mayor's Council of Guam (MCOG) – In Home Services

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8. Mr. Ernane Balinas, Musical Entertainment
9. Ms. Frances Danieli and the Government Association of Accountants
10. Mr. Gener Deliquina, CEO Coast 360 and Fusion Dance Group
11. Mr. Kevin Dema-ala, UOG CNAS Preventive Health Program
12. Ms. Iesha Ibanez, UOG CNAS Preventive Health Program
13. Mr. Joey Charfauros, Senior Center Operations, MCOG
14. Ms. Juanita Camacho, Kloppenburg Enterprise Inc.
15. Ms. Marcelene Santos, Public Guardian, Judiciary of Guam
16. Ms. Michelle Cruz, Public Guardian, Judiciary of Guam
17. Ms. Sonia Suobiron, Public Guardian, Judiciary of Guam
18. Mr. Stephen Hattori, Public Defender Service Corporation
19. Ms. Kavita Hemlani Ré, Health Services of the Pacific
20. Mr. Lloyd Cubacub, Health Services of the Pacific
21. Ms. Rose Calvo, Staff, Office of Senator Dennis G. Rodriguez, Jr.
22. Mr. Joseph Cameron, Mariacy Beauty Academy
23. Ms. Lourdes Babauta, Guam SHIP/SMP Volunteer
24. Ms. Reina Yano, Guam SHIP/SMP Volunteer
25. Office of the Governor, Communication's Section
26. The Manenggon Foundation
27. The 2018 Senior Citizens Month Central Planning Committee Members



DIVISION OF SENIOR CITIZENS STAFF

Top Row Left to Right: Tricia Sanchez, Charlene San Nicolas, Monica Untalan, Arthur U. San Agustin, Breanna Sablan, William Reyes, & Dayton Auyong Bottom Row Left to Right: Chad Palomo, Nanik Keswani, Flora De Jesus, Romeo Pontemayor, & Rodolfo Colet

On behalf of the staff of the Division of Senior Citizens, DPHSS, we thank you for your efforts, support and contribution to the 7th Annual Guam Conference on Aging. ***Biba I Manaina'ta!***

Chad A. C. Palomo
2018 GCOA Chairperson

Kenny Artero
2018 GCOA Co-Chairperson

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