Guam Legislature Clerks <clerks@guamlegislature.org>

Messages and Communications for Doc. No. 36GL-22-2486*

1 message

Committee on Rules 36GL <cor@guamlegislature.org>
To: Clerks <clerks@guamlegislature.org>, Rennae Meno <rennae@guamlegislature.org>
Cc: "Speaker Therese M. Terlaje" <speaker@guamlegislature.org>

Håfa Adai Clerks,

Please see attached M&C Doc. No. 36GL-22-2486 for processing:

36GL-22-2486	Keeping your HealthCare Costs Under Control*	Department of Administration

Si Yu'os Ma'åse',

COMMITTEE ON RULES

Vice Speaker Tina Rose Muña Barnes, Chairperson
36th Guam Legislature
I Mina'trentai Sais Na Liheslaturan Guåhan
Guam Congress Building | 163 Chalan Santo Papa Hågatña Guam 96910
Email: cor@guamlegislature.org

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---------- Forwarded message ---------
From: **Speaker Therese M. Terlaje** <senatorterlajeguam@gmail.com>
Date: Thu, Sep 15, 2022 at 2:39 PM
Subject: Messages and Communications for 36GL-22-2486
To: Office of Senator Shelton Guam Legislature <officeofsenatorshelton@guamlegislature.org>, Committee Rules <cor@guamlegislature.org>

Håfa Adai,

Please see attached M&C Doc. No. 36GL-22-2486*

36GL-22-2486	Keeping your HealthCare Costs Under Control*	Department of Administration

Si Yu'os Ma'åse',

Marie Cruz
Community Relations Liaison

Office of Speaker Therese M. Terlaje
Committee on Health, Land, Justice and Culture
I Mina'trentai Sais na Liheslaturan Guåhan
36th Guam Legislature
Address: Guam Congress Building, 163 Chalan Santo Papa, Hagåtña, Guam 96910
T: (671) 472-3586 F: (671) 989-3590 Email: speaker@guamlegislature.org
website: www.senatorterlaje.com

---------- Forwarded message ---------
From: **Ibarra Hernandez** <ihernandez@guamlegislature.org>
Date: Thu, Sep 15, 2022 at 1:15 PM
Subject: On Behalf of HR Payroll - DOA Circular - Keeping your HealthCare Costs Under Control
To: PH Materials <phmaterials@guamlegislature.org>

Hafa Adai,

Please see attached DOA Circular in regards to Healthcare open enrollment and other information. Thank you.

--
Cheers,

Ibarra "Barry" Hernandez
MIS
I Mina'trentai Sais Na Liheslaturan Guåhan - 36th Guam Legislature
671-472-3519

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36GL-22-2486.pdf
472K

Gmail **Speaker Therese M. Terlaje <senatorterlajeguam@gmail.com>**

On Behalf of HR Payroll - DOA Circular - Keeping your HealthCare Costs Under Control

Ibarra Hernandez <ihernandez@guamlegislature.org> Thu, Sep 15, 2022 at 1:15 PM
To: PH Materials <phmaterials@guamlegislature.org>

Hafa Adai,

Please see attached DOA Circular in regards to Healthcare open enrollment and other information. Thank you.

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Cheers,

Ibarra "Barry" Hernandez
MIS
I Mina'trentai Sais Na Liheslaturan Guåhan - 36th Guam Legislature
671-472-3519

DOC NO. 36GL-22-2486
OFFICE OF THE SPEAKER
Therese M. Terlaje
Date: 09/15/2022
Time: 1:15 p.m.
Received: MCruz

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DOA Circular 2022-031 Keeping HealthCare costs controlled 09.14.2022.pdf
163K

COMMITTEE ON RULES
RECEIVED:
September 15, 2022
2:39 P.M.

EDWARD M. BIRN
Director (Direktot)
BERNADINE C. GINES
Deputy Director (Sigundo Direktot)

DEPARTMENT OF ADMINISTRATION
DIPATTAMENTON ATMENESTRASION
DIRECTOR'S OFFICE
(Ufisinan Direktot)
Telephone (*Telifon*): (671) 475-1101/1250

LOURDES A. LEON GUERRERO
Governor (Maga'håga)
JOSHUA F. TENORIO
Lt. Governor (Sigundo Maga'låhi)

September 14, 2022

DEPARTMENT OF ADMINISTRATION CIRCULAR NO.: 2022-031

Attn: All Employees, Retirees & Survivors (Subscribers)

From: Director, Department of Administration

Subject: Keeping your HealthCare Costs Under Control

Buenas yan Hafa Adai! Pursuant to DOA Circular No. 2022-028, the Open Enrollment Period has commenced. All Subscribers are encouraged to attend a presentation (virtual or face to face), review marketing materials and submit timely enrollment forms for the upcoming plan year.

Alongside with you, we realize that insurance costs continues to be of concern for all subscribers nationally. The government of Guam shares your concerns and continues to explore options to curb these costs while maintaining comprehensive coverage for your family's healthcare needs. With that in mind, we are providing the following information to assist with these costs:

- ***Wellness Benefit (Gym) paid 100% by the government***- The government has opted to pay for this benefit. This payment is entirely reflected on the government's contribution. Subscribers are covered at no costs to their premium. All are encouraged to utilize the Wellness Benefit towards leading a healthier lifestyle and eventually reduce healthcare costs. Both SelectCare and Takecare insurance carriers offer various gym providers and wellness benefits.
- ***Mail order Rx -*** Designed to reduce prescription costs for maintenance medications. Subscribers can obtain Rx at a $0 member co-payment for preferred generic drug. Please consult with your physician if this is available for your Rx.
- ***Health Savings Account (HSA)*** - The HSA plans are designed to offer lower premiums and have access to funds for medical needs. Subscribers enrolled with the HSA2000 plan are encouraged to open up an HSA. The account works as a savings account and allows you to set money aside to pay for qualified medical expenses. The funds are tax sheltered. Subscribers may contact the Administrative Services Corp. (ASC) at 671-477-2724 for more information noting other companies offer HSA services.
- ***Emergency Care and Urgent Care -*** Subscribers are urged to seek life threatening care in the ER when immediate medical attention is required. Subscribers are encouraged to seek care at an urgent care facility for injuries or illnesses that require prompt attention but are not serious in nature. Seeking the right care depending on the medical need will aid in overall healthcare costs.
- ***Preventive Care - Annual exams, wellness, immunizations, and well-baby care -*** Subscribers are encouraged to make annual visits to their primary care provider for routine exams. Preventive care helps detect or prevent serious diseases and costly medical expenses before they become a major concern.

As a community of one, we are all encouraged to live a healthy lifestyle and seek proper medical care. The government of Guam understands your concerns and will continue to aggressively explore options to help reduce healthcare costs. Si Yu'us Ma'ase.

Senseramente,

Edward M Birn
Date:2022-09-14
T15:35:37+10:00

Edward M. Birn, Director
Department of Administration

Doc. No. 36GL-22-2486.*