

**I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN
RESOLUTIONS**

| Resolution No. | Sponsor | Title | Date Intro | Date of Presentation | Date Adopted | Date Referred | Referred to | PUBLIC HEARING DATE | DATE AUTHORS REPORT FILED | NOTES |
|----------------|---|--|-----------------------|----------------------|----------------------|---------------|-------------|---------------------|---------------------------|-------|
| 133-37 (COR) | Jesse A. Lujan Dwayne T. D. San Nicolas Amanda L. Shelton Frank Blas, Jr. Joe S. San Agustin William A. Parkinson Telo T. Taitague Sabina Flores Perez Roy A. B. Quinata Thomas J. Fisher Christopher M. Dueñas Joanne Brown Therese M. Terlaje Tina Rose Muña Barnes Chris Barnett | Relative to recognizing Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulating them on their Tenth (10th) Year anniversary and the opening of their second (2nd) location. | 5/16/23 11:02 a.m. | 8/4/23 6:00 p.m. | 7/31/23 8:32 a.m. | | | | | |

Resolution No. 133-37 (COR)

Introduced by:

Jesse A. Lujan
Dwayne T. D. San Nicolas
Amanda L. Shelton
Frank Blas, Jr.
Joe S. San Agustin
William A. Parkinson
Telo T. Taitague
Sabina Flores Perez
Roy A. B. Quinata
Thomas J. Fisher
Christopher M. Duchas
Joanne Brown
Therese M. Terlaje
Tina Rose Muña Barnes
Chris Barnett



Relative to recognizing Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulating them on their Tenth (10th) Year anniversary and the opening of their second (2nd) location.

BE IT RESOLVED BY THE COMMITTEE ON RULES OF I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN:

WHEREAS, Custom Fitness was founded in 2012 and formally established in 2013 by Ryan Claros and Paul Claros, who later brought on Samantha Sablan and Steven Sablan as co-owners; and

WHEREAS, the mission of Custom Fitness is to provide wellness solutions for the whole family; and it strives to create a welcoming and inclusive environment where individuals of all ages and all fitness levels can achieve their health goals; and

WHEREAS, in 2013, Custom Fitness opened their first (1st) location at the old Corn Building in *Anigua* and expanded to the Ambros Warehouse in 2016; and

WHEREAS, in 2023, Custom Fitness will be celebrating its tenth (10th) year anniversary of doing business on Guam, and opening their second (2nd) location in *Tamuning*; and

WHEREAS, the physical therapy services and fitness programs at Custom Fitness empowers clients and gym members by enhancing their physical, mental, and emotional well-being; and

WHEREAS, spreading awareness and educating the community is a top priority of the Custom Fitness staff, who are committed to educating their clients on the importance of exercise, proper nutrition, and self-care practices to ensure long-term health and wellness; and

WHEREAS, the core belief of Custom Fitness is that health and wellness are essential for the entire family, and they are dedicated to providing personalized care tailored to each member. The staff at Custom Fitness are experienced and compassionate professionals who are dedicated to helping their clients reach their potential, fulfill their goals, and live their healthiest lives; and

WHEREAS, establishments like Custom Fitness support and promote people with healthy mindsets and healthy lifestyles, bringing value to our island community by encouraging and improving the physical, mental, and emotional wellbeing of their members; now therefore, be it

RESOLVED, that the Committee on Rules of *I Mina'trentai Siette Na Liheslaturan Guåhan* does hereby, on behalf of *I Liheslaturan Guåhan* and the people of Guam, recognize Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulate them on their Tenth (10th) Year anniversary and the opening of their second (2nd) location; and be it further

RESOLVED, that the Speaker and the Chairperson of the Committee on Rules certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of the same be thereafter transmitted to Paul Claros, Custom Fitness Owner and Director of Programming; to Ryan Claros, Custom Fitness Owner, Physical Therapist, and Director of Rehabilitation; to Samantha Sablan, Custom Fitness Owner and President of Operations; and to the Honorable Lourdes A. Leon Guerrero, *I Maga'hågan Guåhan*.

DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN ON THE 31ST DAY OF JUNE 2023.


THERESE M. TERLAJE
Speaker


CHRIS BARNETT
Chairperson, Committee on Rules


AMANDA L. SHELTON
Legislative Secretary



Edik
10:43
08/04/23

I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN
2023 (FIRST) Regular Session

Resolution No. 133-37 (COR)

Introduced by:

Jesse A. Lujan
Dwayne T.D. San Nicolas
Amanda L. Shelton
Frank Blas, Jr.
Joe S. San Agustin
William A. Parkinson
Telo T. Taitague
Sabina Flores Perez
Roy A. B. Quinata
Thomas J. Fisher
Christopher M. Dueñas
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Tina Rose Muña Barnes
Chris Barnett

Relative to recognizing Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulating them on their Tenth (10th) Year anniversary and the opening of their second (2nd) location.

1 **BE IT RESOLVED BY THE COMMITTEE ON RULES OF I**
2 ***MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN:***

3 **WHEREAS**, Custom Fitness was founded in 2012 and formally established in
4 2013 by Ryan Claros and Paul Claros, who later brought on Samantha Sablan and
5 Steven Sablan as co-owners; and

1 **WHEREAS**, the mission of Custom Fitness is to provide wellness solutions for
2 the whole family; and it strives to create a welcoming and inclusive environment where
3 individuals of all ages and all fitness levels can achieve their health goals; and

4 **WHEREAS**, in 2013, Custom Fitness opened their first (1st) location at the old
5 Corn Building in *Anigua* and expanded to the Ambros Warehouse in 2016; and

6 **WHEREAS**, in 2023, Custom Fitness will be celebrating its tenth (10th) year
7 anniversary of doing business on Guam, and opening their second (2nd) location in
8 *Tamuning*; and

9 **WHEREAS**, the physical therapy services and fitness programs at Custom
10 Fitness empowers clients and gym members by enhancing their physical, mental, and
11 emotional well-being; and

12 **WHEREAS**, spreading awareness and educating the community is a top priority
13 of the Custom Fitness staff, who are committed to educating their clients on the
14 importance of exercise, proper nutrition, and self-care practices to ensure long-term
15 health and wellness; and

16 **WHEREAS**, the core belief of Custom Fitness is that health and wellness are
17 essential for the entire family, and they are dedicated to providing personalized care
18 tailored to each member. The staff at Custom Fitness are experienced and
19 compassionate professionals who are dedicated to helping their clients reach their
20 potential, fulfill their goals, and live their healthiest lives; and

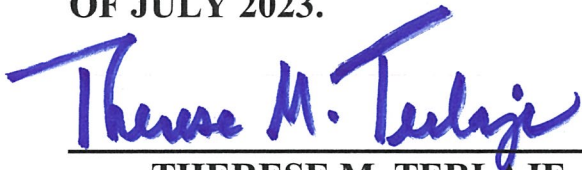
21 **WHEREAS**, establishments like Custom Fitness support and promote people
22 with healthy mindsets and healthy lifestyles, bringing value to our island community by
23 encouraging and improving the physical, mental, and emotional wellbeing of their
24 members; now therefore, be it

25 **RESOLVED**, that the Committee on Rules of *I Mina'trentai Siette Na*
26 *Lihe slaturan Guåhan* does hereby, on behalf of *I Lihe slaturan Guåhan* and the people
27 of Guam, recognize Custom Fitness for their contributions to the health and wellness of

1 the community of Guam; and congratulate them on their Tenth (10th) Year anniversary
2 and the opening of their second (2nd) location; and be it further

3 **RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules
4 certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of
5 the same be thereafter transmitted to Paul Claros, Custom Fitness Owner and Director
6 of Programming; to Ryan Claros, Custom Fitness Owner, Physical Therapist, and
7 Director of Rehabilitation; to Samantha Sablan, Custom Fitness Owner and President
8 of Operations; and to the Honorable Lourdes A. Leon Guerrero, *I Maga'hågan Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF
I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN ON THE 31ST DAY
OF JULY 2023.**



THERESE M. TERLAJE
Speaker



CHRIS BARNETT
Chairperson, Committee on Rules



AMANDA L. SHELTON
Legislative Secretary



COMMITTEE ON RULES

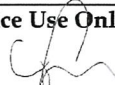
Chris Barnett, Chairperson, Committee on Rules

I Mina'trentai Siette Na Liheslaturan Guahan

37th Guam Legislature

COMMITTEE VOTE SHEET

Resolution No. 133-37 (COR) -Jesse A. Lujan, Dwayne T.D. San Nicolas, Amanda L. Shelton, Frank Blas, Jr., Joe S. San Agustin, William A. Parkinson, Telo T. Taitague, Sabina Flores Perez, Roy A.B. Quinata, Thomas J. Fisher, Christopher M. Dueñas, Joanne Brown, Therese M. Terlaje, Tina Rose Muña Barnes, Chris Barnett. - "Relative to recognizing Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulating them on their Tenth (10th) Year anniversary and the opening of their second (2nd) location."

| | INITIAL | DATE | TO ADOPT | TO NOT ADOPT | TO ABSTAIN |
|--|---------|----------|----------|--------------|------------|
| Senator Chris Barnett Chairperson | | | | | |
| Senator Sabina Flores Perez Vice Chairperson | e-vote | 07/28/23 | ✓ | | |
| Speaker Therese M. Terlaje Member | | | | | |
| Vice Speaker Tina Rose Muña Barnes Member | | | | | |
| Legislative Secretary Amanda L. Shelton Member | e-vote | 07/28/23 | ✓ | | |
| Senator William A. Parkinson Member | e-vote | 07/28/23 | ✓ | | |
| Senator Roy A. B. Quinata Member | | | | | |
| Senator Joe S. San Agustin Member | e-vote | 07/28/23 | ✓ | | |
| Senator Dwayne T. D. San Nicolas Member | e-vote | 07/28/23 | ✓ | | |
| Senator Joanne Brown Minority Member | | | | | |
| Senator Christopher M. Dueñas Minority Member | e-vote | 07/28/23 | ✓ | | |
| Senator Thomas J. Fisher Minority Member | | | | | |
| Senator Telo T. Taitague Minority Member | e-vote | 07/28/23 | ✓ | | |
| For Sponsor's Office Use Only | | | | | |
| Sponsor Signature:  | | | | | |
| Staff Contact Person: Elise Calvo | | | | | |
| For COR/Clerk's Office Use Only | | | | | |
| ____ 7 ____ Certified ____ Returned | | | | | |
| Name: Joaquin 'Quin' P. Taitague | | | | | |
| Date: July 31, 2023 at 8:32 a.m. | | | | | |
| Notes: | | | | | |



Office of Senator

Jesse Anderson Lujan

I Mina'trentai Siette na Liheslaturan Guåhan | 37th Guam Legislature
Vice Chair, Committee on Maritime Transportation, Air Transportation, Parks, Tourism,
Higher Education, and the Advancement of Women, Youth, and Senior Citizens

August 2, 2023

MEMORANDUM

**To: All Honorable Senators
37th Guam Legislature**

From: Senator Jesse A. Lujan 

Subject: Presentation of Resolution No. 133-37(COR) Friday, August 4th, 2023 at 6:00 P.M.

Buenas yan Håfa Ådai!

Please join us for the presentation of resolution:

Resolution No.133-37(COR) – Jesse A. Lujan

“Relative to recognizing Custom Fitness for contributing to the health and wellness of the community of Guam; and congratulating them on their Tenth (10th) Year anniversary and the opening of their second location.”

The presentation will take place on **Friday, August 4th, 2023, at 6:00 P.M.** at the Custom Fitness Tamuning location, behind Hertz Rent-a-car and the former Christ Bible Fellowship Church building on Airport Road.

We look forward to your presence and participation.

Si Yu'os Ma'åse'!

Senator Jesse A. Lujan

I Mina'trentai Siette na Liheslaturan Guåhan